



Homelink Support

In the Wishaw / Shotts Area



My name is Jen Dawson. I am the CL&D Homelink Worker for the Wishaw/ Shotts area. My role is to work with and support parents and families with children aged birth to five years. The nature of this support can be wide-ranging including: -

- ◆ Increased learning opportunities
- ◆ Handling children's behaviour
- ◆ Understanding child development
- ◆ Encouraging parents to be more involved in their child's learning and development
- ◆ Improving health and wellbeing
- ◆ Personal development and confidence building
- ◆ Individual support
- ◆ Signposting to other support services

Assigned Family Learning Centres:

- ◆ Newmains
- ◆ Shotts
- ◆ Wishaw

Past programmes include:

Big chef, Little Chef: a fun cookery programme for parent and child..

50+ families enjoyed and completed the programme over the last 6 months.

Handling Children's Behaviour

Parenting Programme: 8 week course which allows parents to learn about and address challenging behaviours.

30+ parents / grandparents have completed this Programme over the last 12 months.

Contact Details:

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Programmes to Look Out For...

Look out for flyers or notification from Family Learning Centre staff.



- ♦ **Handling Children's Behaviour:** Programme for parents to learn about challenging behaviours and how to deal with them.
- ♦ **From Pram to Primary:** effective parenting support to parents of babies, toddlers and pre-schoolers.
- ♦ **Parentplay:** a fun parenting course which aims to promote and strengthen positive family relationships.
- ♦ **Big Chef, Little Chef:** a great fun cookery programme for parents and children.
- ♦ **Growing Together, Learning Forever:** a programme designed to encourage parents to become involved in their child's early development .
- ♦ **Sharing Stories:** Sessions to provide parents with hints and tips on how to share stories with their child.

Also look out for the following:-

- ♦ Solihull "Understanding Your Child" Parenting Programme
- ♦ Weaning Workshops