**Jenny and the Bear**

Jenny has a special bear, she takes him everywhere.

One day when they were out with mum, they all got quite a scare.

It rained and poured and they got wet, it really was bad luck.

When they got home, mum made hot drinks to help them all warm up.

Mummy lit a cigarette and had it with her tea.

The next day the both felt sick, the doctor they did see.

He said that smoking hurts our lungs, and avoid it if we could.

"Please smoke outside" is what he said to mum, who said she would.

Take 7 steps from your back door and keep the smoke out there.

Now Jenny and her bear want us to know that young lungs need clean air.

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