Signposting for teachers, parents, and children and young people from groups of who may be more vulnerable during this time of school closures and social isolation.

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| --- | --- | --- |
| Children who are: | Risks or concerns | Available advice and support |
| * looked after at home | * strain on or breakdown of relationships * strain due to financial/employment instability of primary carer * lack of confidence/capacity of parent to support wellbeing/education of child * lack of parental control and ability to ensure YP self-isolates/stays in * child protection issues * worry about upcoming Children’s Hearing | Advice for:  **Parents and Children and Young People**   * Local Social Work Offices (email/telephone) * Out of hours Social Work (email/telephone) * [Barnardo’s](https://www.barnardos.org.uk/) * SCRA: [Coronavirus and your Hearing](https://www.scra.gov.uk/)   **Children and Young People**   * [Childline](https://www.childline.org.uk/) |
| * in kinship or foster care | * strain on or breakdown of relationships * strain due to financial/employment instability of primary carer * breakdown of placement * lack of carer’s control and ability to ensure YP self-isolates/stays in * lack of confidence/capacity of carer to support wellbeing/education of child * worry about upcoming Children’s Hearing | Advice for:  **Kinship and Foster carers**   * [Fosterline](https://www.fosterline.info/) * [Kinship Care Scotland](https://www.kinshipcarescotland.org.uk/)   **Parents, Carers and Young People**   * SCRA: [Coronavirus and your Hearing](https://www.scra.gov.uk/) |
| * in a residential unit or school | * group living ->higher risk of social contact and spread of virus * loss of placement due to unit closure (for financial reasons or due to virus) * strain on or breakdown of relationships * lack of stability and unit unsettled due to high staff absence * high levels of anxiety in staff and CYP * increased risk of mental health issues such as self-harming * worry about upcoming Children’s Hearing * breakdown of placement | Advice for:  **Local Authority Staff**  Link to Children’s rights teams  **Parents and Care Services**   * [Information and guidance for care services](https://www.careinspectorate.com/) and parents about Covid 19/school closures/staffing   **Parents, Carers and Young People**   * SCRA: [Coronavirus and your Hearing](https://www.scra.gov.uk/) |
| * in a secure care facility | * Last 3 points above plus * Increased risk of seclusion for long periods of time (due to contraction of virus or lack of staff to safely supervise) * high levels of anxiety in staff and CYP * increased risk of mental health issues eg. self-harming and professional support for this * worry about upcoming trial/children’s hearing | Advice for:  **Parents and Care Services** :   * Care Inspectorate: [Information and guidance for care services](https://www.careinspectorate.com/) about Covid 19/staffing   **Parents, Carers, and Children and Young People**   * SCRA: [Coronavirus and your Hearing](https://www.scra.gov.uk/) |
| * complex ASNs | * strain on or breakdown of relationships * strain due to financial/employment instability of primary carer * reduced contact with services to support care routines and moving and handling/postural management routines * increased risk of muscular-skeletal deterioration, bowel and chest management and cardio-vascular wellbeing due to reduced access to postural management equipment. | Advice for:  **Teachers, Parents, and Children and Young People**   * [Afasic](https://www.afasic.org.uk/)- National charity for Developmental Language Disorders offering advice , information and support. * [Autism Toolbox](http://www.autismtoolbox.co.uk/) – new [Covid 19 information page](http://www.autismtoolbox.co.uk/supporting-learners-home-covid-19) * [British Academy of Childhood Disability](https://www.bacdis.org.uk/resources/90-covid-19-resources) – Resources * [CALL Scotland](https://www.callscotland.org.uk/blog/symbol-resources-for-covid19/) – symbol resources explaining Covid 19 * [CHAS](https://www.chas.org.uk/) – Support for those with life shortening conditions * [ENABLE](https://www.enable.org.uk/coronavirus-information/) supporting disabled individuals * [ENQUIRE](https://enquire.org.uk/): General advice - ASL * [Mencap](https://www.mencap.org.uk/advice-and-support/profound-and-multiple-learning-disabilities-pmld/pmld-involve-me) – how to involve children in decision making * [PAMIS](http://pamis.org.uk/) –Support and services for those with profound and multiple learning difficulties * [The Sensory Projects](http://www.thesensoryprojects.co.uk/covid19-resources) - COVID 19 educational resources for home-schooling * [Wellchild](https://www.wellchild.org.uk/2020/03/11/covid-19-information-for-parents-and-carers/) – National Charity for sick children |
| * deaf learners | * deaf parents may find home-schooling difficult * limited access to information and online learning suitable for deaf learners (or parents) * lack of ongoing mentoring/advocacy support as deaf learners often need face to face support * lack of targeted information in BSL | Advice for:  **Parents and Children and Young People**   * [BSL video with Coronavirus (COVID-19) guidance](https://www.nhsinform.scot/translations/languages/british-sign-language-bsl/illnesses-and-conditions/coronavirus-covid-19) * [BSL glossary of subject terms](http://www.ssc.education.ed.ac.uk/bsl/) * [BSL - Coronavirus (COVID-19) Social Distancing You Tube](https://www.youtube.com/watch?reload=9&v=Uy5-49TAQxk&feature=youtu.be&fbclid=IwAR088KmlJ918cIEh-rvTh8oXuxNFC_t-vhWRgAoR95ztiZaNJrUs9T3pQt0) * BSL users access to the online [British Sign Language video relay interpreting service](https://contactscotland-bsl.org/reg/) (VRS) 24 / 7 * British Deaf Association Mentoring Officer Email: [mentorscot.drp@bda.org.uk](mailto:mentorscot.drp@bda.org.uk) |
| * anxious or have mental health issues | * raised anxiety leading to distressed behaviours, such as, withdrawal, risk taking, self-harming, ... * lack of access to protective factors, such as, familiar places, people, routines… * lack of confidence or capacity of parents/carers to support their child or young person with their anxiety.mental health or the resulting behaviour * increase in anxiety or regression in mental health as isolation period progresses | Advice for:   * [Coronavirus (COVID-19) information for children, families and professionals](https://edpsy.org.uk/blog/2020/coronavirus-covid-19-information-for-children-families-and-professionals/)   **Young People**   * [Young minds](https://youngminds.org.uk/) * [Mind for better mental health](https://www.mind.org.uk/information-support/for-children-and-young-people/) * [Childline – Your Feelings](https://www.childline.org.uk/info-advice/your-feelings/)   P**arents/carers**   * [NSPCC – Keeping Children Safe](https://www.nspcc.org.uk/keeping-children-safe/childrens-mental-health/) |
| * young carers | * full time caring responsibilities may increase  levels of stress over time * lack of confidence/capacity of parent to support wellbeing/education of child * lack of practical support for care of parent/sibling * at risk of anxiety/mental health issues (see below) * anxiety about lack of qualifications due to absence or poor performance due to effect of caring responsibilities * lack of connection with or ability to review carer’s statement | Advice for:  **Unpaid carers**   * [Scottish Government adviceabout Covid-19](https://www.gov.scot/publications/coronavirus-covid-19-advice-for-unpaid-carers-march-2020/)   **Teachers/Parents/Young Carer’s**:   * [Supporting Young Carers in Education](https://education.gov.scot/improvement/learning-resources/supporting-young-carers-in-education/) * [Carer’s Trust](https://carers.org/article/how-your-school-can-support-young-carers)   **Young Carer’s**:  [Young Scot](https://young.scot/get-informed) (NB. Young Carer’s Grants available)   * [SQA website for guidance about exams/coursework](https://www.sqa.org.uk/sqa/93658.html) |
| * June school leavers | * anxiety about lack of evidence for true assessment of levels due to previous absence or poor performance * pupils studying at N3/4 level – no prelims or potentially coursework due to absence * worry that pupils will leave school without entrance requirements for College in September | Advice for:  **All**  [SQA website for guidance about exams/coursework](https://www.sqa.org.uk/sqa/93658.html) |

Useful mixed resources and guidance from [Association of Scottish Principle Educational Psychologists](https://www.aspep.org.uk/?page_id=744)