

Seasons for Growth at Ravenswood Primary



What is Seasons for Growth?

Seasons for Growth is a short-term programme that supports children and adults with the processing of grief as a result of loss or change they have experienced in their life.

The Children and Young People's Programme offers four age appropriate levels. This ensures that participants are taking part in a tailored, developmentally appropriate sequence of activities and discussions and wellbeing in children and adults.

Seasons for Growth programmes help strengthen the building of personal resilience, coping and social skills, and increasing participants' sense of belonging; while also working to minimise risk factors including social isolation and lack of support networks.

If you have any further questions, please contact
Miss Purdon, Miss Goodbrand or Mrs Lewandowski.



Teamwork makes the dream work!

#Live #Learn #Love