

Drawing and Talking at Ravenswood Primary



What is Drawing and Talking?

Drawing and Talking Therapy is an excellent mental health support we offer at Ravenswood. This twelve week process helps children who might need additional time and space to process changes, understand their emotions and build relationships.

The method we use encourages each side of a child's brain to work together by combining drawing, a right-brained activity, and talking, a left-brained activity.

Children will attend a one-to-one session for thirty minutes each week, on a regularly scheduled day with the same designated and trained member of staff. By the end of the twelve weeks, the child will feel more confident and able to deal with events or process difficult emotions more independently.

If you have any further questions, please contact
Miss Purdon or Miss Goodbrand.



Teamwork makes the dream work!

#Live #Learn #Love