

Jessica Ennis-Hill Answers

1. Where and when was Jessica born?
She was born on 28 January 1986 in Sheffield, England.
2. How did her parents first introduce her to athletics?
They introduced her to athletics by taking her to a local sports camp during the 1996 school summer holidays.
3. Name the seven events that make up the heptathlon.
The heptathlon is made up of the 100 metre hurdles, high jump, shot-put, 200 metres, long jump, javelin, and 800 metres.
4. Why do you think Jessica's trainer advised her to take up the heptathlon?
Pupil's own response. May include reference to Jessica being talented in several areas.
5. What stopped Jessica competing in the 2008 Beijing Olympic Games?
Just three months before the Olympics were due to begin, Jessica broke her right foot. As a result, she had to miss the Olympic Games.
6. How do you think Jessica felt at that time? Why?
Pupil's own response. May include: devastated that she had injured herself so close to the Olympics, determined to get over her injury so she could compete at the Olympics in the future or disappointed that all her hard work in training had been for nothing.
7. List one way that Jessica's London 2012 Olympic achievement was recognised in Great Britain.
List one of the following: the placing of a gold post box in her hometown of Sheffield, being featured on a special postage stamp and receiving an MBE from Her Majesty, The Queen.
8. The night Jessica won her gold medal was later nicknamed 'Super Saturday'. Conduct some research on the Internet to find out what else happened on that special night.
The night became known as Super Saturday because three of team GB's athletes won gold medals on the same night in front of their home crowd: Jessica Ennis-Hill, Mo Farah and Greg Rutherford.