S5 Lesson 3 week beginning 26/05/2020

https://www.thetablet.co.uk/news/12971/catholic-parishes-taking-hundreds-of-meals-to-needy?fbclid=IwAR0wuk7JuJ2CaCVhHdwD0UYkBHD276TDmLVPeC4QKpPDcwvbBlhjlHl1K0o

This article is written about a diocese in England but the activities are present all over the world. Read this article and research from local residents or social media the supports offered by

**Cumbernauld Resilience and Cumbernauld COVID 19 Community Aid.**

Do you know anyone who has helped out with these groups?

Is there any way you could help out without breaking Government guidelines about social distancing and hygiene.