



Our Lady's High School Cumbernauld

P7/S1 Transition



Meet the Departments

Everyone at Our Lady's High School is looking forward to welcoming you into our school community.

Our Lady's has a wide range of departments who will support your learning in variety of new and exciting subjects.

Each department has written a brief introduction to themselves, to give you a chance to find out about the staff who will teach you and what to expect in each subject when you join us in S1.

See you soon!

Art & Design

Head of Department: Ms H Felvus

Teachers: Mr M McKernan, Mrs L Duffy

We are an important subject because: Art & Design encourages self-expression and creativity, which builds confidence, as well as a sense of individual identity. Art and Design helps to develop observational, analytical, and critical thinking skills, and the ability to interpret the world around us. Creativity can promote wellbeing and happiness

In S1 you will learn: How to create and apply the Visual Elements across Expressive Artwork through a portraiture and landscape project and Design through a Chinese mask design and road safety poster project. You will learn to use a wide range of media handling techniques, such as painting, printmaking and wax resist techniques. You will also learn how to analyse and evaluate artworks.

You will also take part in a Literacy Project linking Literacy with Art & Design. This project will develop, imagination and creativity – you will listen to a poem or short story then create drawings based on your own imaginative images that are inspired by the text. You will also learn how to analyse and evaluate artwork.

Advice to give your best in S1 Art & Design: Come along to the department with a positive attitude and believe in your abilities as everyone can learn to draw! Always put in your best effort in and dare to dream! We look forward to meeting you soon!

S5 artwork - "The Madonna & child"



Business Education & Computing Science

Head of Department: Miss AM Sharkey (Acting)

Teachers: Mr J Brannan, Mrs K MacInnes, Miss D Brown, Ms M Campbell DHT (Acting)

We are an important subject because: The world today is becoming more and more technology based. As well as developing your practical ICT skills, we will help develop your knowledge & understanding of how technology works, how we can use it to help us and how it is having an impact on society and everyday life.

In S1 you will learn: You will have the chance to develop your Internet research skills and practical ICT skills through using a variety of software such as Word Processing, Presentation, Spreadsheets and Databases.

You will also have the chance to develop your knowledge & understanding in a range of subjects such as how computers work, how to keep yourself safe online and how to use tools such as budgeting to best to look after your money.

Advice to give your best in S1 ICT: Come along to the department with a positive attitude and a nice big smile and we'll have a fun year together!



Drama

Teachers: Mrs L Savage

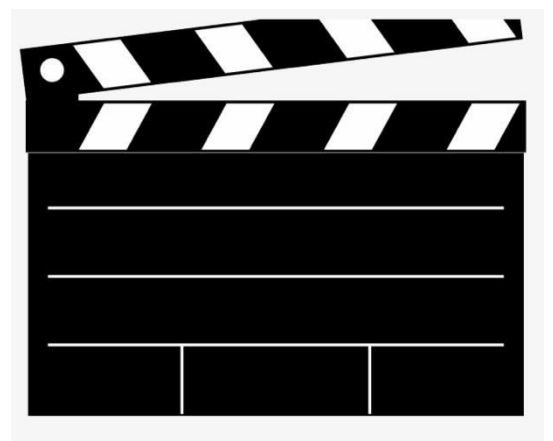
We are an important subject because: We will help you develop your creative skills, problem solving skills and your ability to work collaboratively with others. We will also help you to build your self-confidence and your presentation skills. All these skills and abilities are valuable not only in drama but across the school and in your future world of work.

In S1 you will learn: You will have the chance to create dramas, work with others to develop your drama, and then the opportunity to present your work. Throughout all of this, you will learn about the basic skills and knowledge required for studying drama, such as voice, movement, and learning how to use lights, sound, costume and props to enhance your drama.

Advice to give your best in S1 Drama: Come to class with a positive attitude and a willingness to get involved. We will make sure we give you our very best in return, to make sure you have the best drama experience possible and most importantly... have fun!



@Eng_DramaOLHS



English

Head of Department: Ms S McHugh

Teachers: Mrs K Ferris-Bell, Mr M Finnigan, Mrs S Rice, Mrs S Wilson, Miss C Milton

We are an important subject because: We teach the main skills you need for learning, life and work. These are, *Reading, Writing, Talking* and *Listening*.

In S1 you will learn: How to communicate effectively through the 4 skills of *Reading, Writing, Talking* and *Listening*. You will expand your cultural awareness by reading different genres of literature such as novels, plays and poems. You will learn to write critically, persuasively and creatively. You will become more confident in group and whole class discussions and you will learn to listen critically to a variety of spoken texts.

Advice to give your best in S1 English: Listen carefully, have an open mind and have a 'can do' attitude. Foster positive relationships with your new classmates and teacher. Ask for help when you need it. Don't be afraid to make mistakes. Always remember how important your learning is and try your very best in every task. We are very much looking forward to meeting you all!



@Eng_DramaOLHS



Home Economics

Head of Department: Miss K Thompson

Teachers: Mrs C Varty, Ms J Mark

We are an important subject because: Home Economics is a subject in which you will learn important life skills.

In S1 you will learn: During S1 you will learn about personal and kitchen hygiene; safety; food preparation techniques and cookery skills and weighing and measuring.

Some of the recipes you will make include traffic light sandwich; apple crumble; lentil soup; flapjacks; chilli taco and chocolate truffles.



During theory lessons you will learn about the Eatwell Guide and the nutrients required for a healthy and well-balanced diet.

You will also design and make a simple textile item and learn how to use a sewing machine.

Advice to give your best in S1 Home Economics: Arrive with a positive attitude for both practical and the theory lessons, come fully prepared for all lessons, focus on the tasks you are given and always try your best. We look forward to meeting you soon!



Mathematics & Numeracy

Head of Department: Mrs B Dunbar

Teachers: Mrs C Atley, Mrs P Doherty, Mrs L Hood, Mrs M Kirson, Mr S Winning, Miss J Tosh, Mrs N Cunningham (HT)

We are an important subject because: We use Maths and Numeracy in learning, work and life. The laws of mathematics are evident throughout the world, including in nature, and the problem-solving skills obtained from practising Maths and Numeracy can help us tackle problems in other areas of life.

In S1 you will learn: New Maths and Numeracy skills. We will find out from your Primary teacher what you can already do and help you build on these skills. We will start to venture further into new areas of Mathematics and discover more about the usefulness, wonder and beauty of Mathematics.

Advice to give your best in S1 Mathematics: Work hard – regular practice, a little bit done often, will help you get better over time. Don't give up if the work seems challenging at first – no one is good at things the first time they try – and in Maths we often learn best from mistakes and finding out how to fix them. Keep practicing the skills you already have and remember EVERYONE can get better at Maths and we are here to help you!



Modern Languages: Spanish & French

Head of Department: Mrs G Durnan

Teachers: Mrs K Gibson, Mrs E Miller, Miss S McKenna

We are an important subject because: Only 20% of the world's population speak English! We will teach you how to be a global citizen; to value and respect other people's cultures but most importantly we will develop your confidence, as well as your communication and interpersonal skills!

In S1 you will learn: To develop your skills in Listening, Talking, Reading and Writing in the foreign language as well as your cultural knowledge of Spanish speaking countries! You will enjoy a wide range of topics such as Family, School, Town and more cultural topics such as Christmas, Easter and Nicaragua through various interactive learning experiences. In addition to Spanish, you will also enjoy a taster of French!

Advice to give your best in S1 Modern Languages:

Remember: "Your own language sets you in a corridor for life. An additional language opens every door along the way." Always ask if you are unsure and work as hard as you can, follow this advice and you'll do great! ¡Hasta pronto! À bientôt!





MUSIC



Head of Department: Miss H Blain



Teachers: Mr S McEwan



Music Instructors: Mr Paterson & Mr Mitchell (guitar/bass), Mrs Woodbrooks (violin), Mr Ahmad (drum kit), Mr Miller (woodwind), Mr Naylor (brass)

We are an important subject because: Music is fun! Aside from that, it also develops several important, transferable skills. It is not just about playing instruments; it also builds selfconfidence, uses teamwork, relieves stress and anxiety, improves memory, and encourages discipline and patience, but most importantly, it's fun!

In S1 you will learn: Everything you need to get started with singing, guitar, bass guitar, keyboard, ukulele, tuned percussion and drum kit... phew!



You will have the opportunity to join music clubs and perhaps even get some extra lessons from our amazing music instructors.

Advice to get the most out of S1 Music: Don't give up! Be positive and determined. Music is a skill, and like any skill, it takes time to see and feel improvement. The most important thing is to take advantage of all the opportunities on offer in Music – curricular and extracurricular, and lastly, enjoy yourself!



Physical Education

Head of Department: Miss K Thompson

Teachers: Mr J Aitken, Miss N Erskine, Mr P Murray PTPS, Miss S Kerr PTPS

Active Schools Coordinator: Mr C Peattie

We are an important subject because: In Physical Education you will have fun participating in a range of different activities. You will develop your physical, social, mental and emotional skills, as well as your fitness levels, which are all crucial to living a healthy lifestyle.

In S1 you will learn: During S1 you will learn about the importance of being active; how to improve your physical and mental fitness; how to master new skills and how to encourage and support others to be a great team player.

Some of the activities you will participate in include volleyball; basketball; netball; athletics; football; dance; gymnastics and table tennis

You will also have the chance to participate in many extracurricular clubs and competitions.

Advice to give your best in S1 Physical Education: Be prepared with your PE kit. Be enthusiastic. Be kind. We look forward to getting to know you!



Religious Education

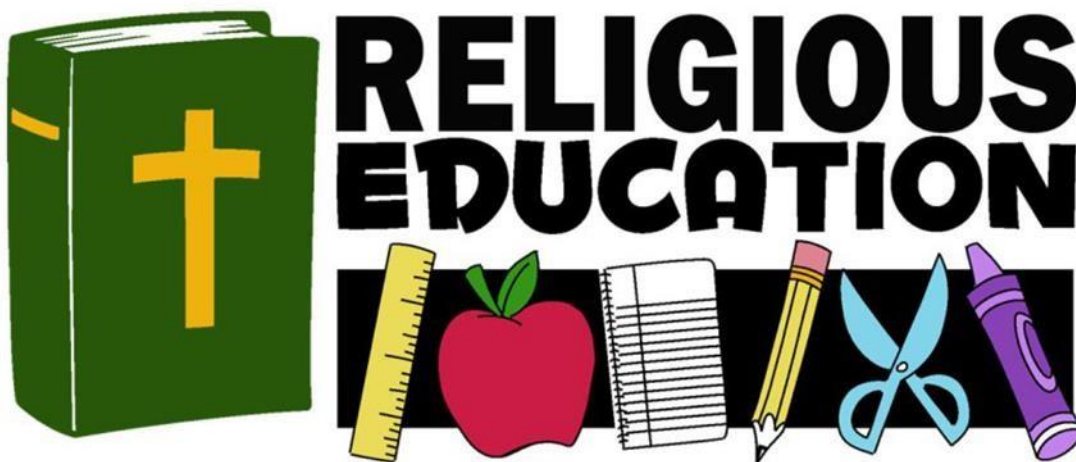
Head of Department: Mrs A Ogilvie

Teacher: Mr J Dunlop

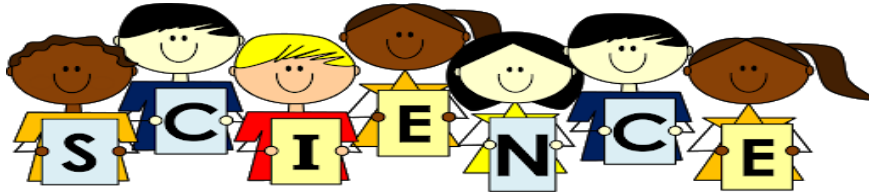
We are an important subject because: We will not go wrong if we love and care for each other just like Jesus did. We will have the chance to consider the big questions in life, like how the world and humanity came about and why we are here. Learning about the saints teaches us about Christian culture and tradition, as well as being an important part of our history. Learning about Other World religions teaches us to understand others.

In S1 you will learn: All about our faith, Mark's Gospel, life at the time of Jesus, Christian feasts and festivals, Our Lady, and the world religion - Judaism.

Advice to give your best in S1 RE: Through prayer we can achieve great things.



Science



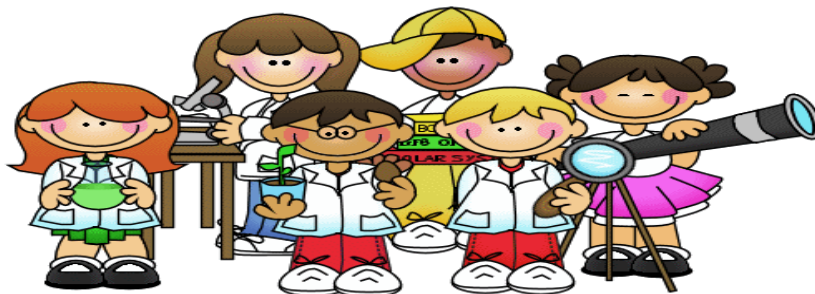
Head of Department: Mr J Dolan (0.5), Mrs N Letham (0.5)

Teachers: Ms H Byrne, Mrs L Cookman DHT, Mr G Fullerton, Mr J Graham PT SfL (Acting), Mrs S Nelli, Mrs C Roberts, Dr A Rodgers, Mrs D Regan

Science is an important subject because: You will build on the science skills you have been working on in your primary school. Learning about science will help improve your knowledge and understanding of the world and universe you live in. This will help you understand how things work. You will learn to think logically and solve problems. You will develop your literacy skills by learning how to write science reports and you will develop your numeracy skills by learning how to measure accurately and carry out calculations. You will develop your practical skills, learn to use science equipment, plan and carry out experiments and work safely with others.

In S1 you will learn: How to work safely in a science laboratory, what make up everything in the universe, climate change, what makes up living organisms and reproduction, electricity and electric circuits, eco systems and the environment.

Advice to give your best in S1 Science: Listen carefully to your teacher, always work safely, ask interesting questions and always try to do your best.



Social Subjects: Geography

Head of Department: Ms G Stewart

Teachers: Mr D Dickson, Mrs K Haldane

We are an important subject because: Geography helps you to make sense of the world. It gives you the opportunity to develop new skills and help you to understand some of the social, economic and physical processes which shape and change our world.

In S1 you will learn: You will have the chance to develop your map skills. You will also learn about Brazil, with a focus on the Amazon Rainforest. You will learn about the people and animals of the rainforest and how they adapt to their environment.

You will also learn about the climate of the rainforest and use this to create your own climate graphs.

You will develop key literacy and numeracy skills as well as skills for learning, life and work.

Advice to give your best in S1 Social Subjects: Always come along with a positive attitude and a willingness to try your best.



Social Subjects: History

Head of Department: Ms G Stewart

Teachers: Ms G Stewart, Mr G Maxwell PTPS, Mrs E Fensom

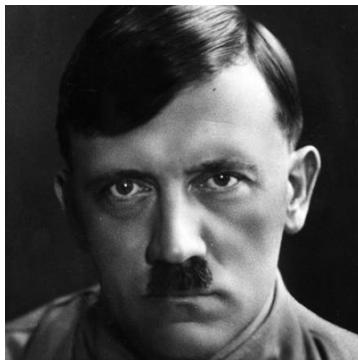
We are an important subject because: Studying History will help you to understand more about the world we live in today. Building a knowledge and understanding of historical events, especially within Scotland, can help you to understand a lot about current events and the consequences of certain actions.

In S1 you will learn: You will learn about the impact of the Vikings in Scotland. Studying their family life, traditions and beliefs, as well as Viking Warriors.

You will also study the Holocaust. You will learn about how the rise of Hitler, how the Holocaust began, and how the lives of many people were affected. In each topic you will develop key research skills and continue to develop your communication skills by working together.

You will develop key literacy and numeracy skills as well as skills for learning, life and work.

Advice to give your best in S1 Social Subjects: Listen carefully and always try your best!



Social Subjects: Modern Studies

Head of Department: Ms G Stewart

Teachers: Mrs ML Forrester, Ms D Ruddy PTPS

We are an important subject because: Modern Studies helps you to understand important issues in the world today. It helps you to gather information about these issues, evaluate the information you have, and most importantly, it helps you to reach your own conclusions.

In S1 you will learn: You will study Children's Rights. You will learn about the rights and responsibilities you have as a citizen of Scotland and compare these to the rights children have in other countries.

You will learn about Child Soldiers in African countries and about the Black Lives Matters movement. You will examine bias, exaggeration and learn to develop your own balanced conclusions.

You will develop key literacy and numeracy skills as well as skills for learning, life and work.

Advice to give your best in S1 Social Subjects: Always be respectful to staff and other pupils and listen to other opinions.



Technical Education

Head of Faculty: Ms H Felvus

Teachers: Mr J Brabender, Mr T Hughes, Mr M Lester DHT, Miss M Reilly

We are an important subject because: We prepare you for the modern world full of technology. We help you to develop your computer skills as well as your practical skills. We encourage independent thinking and support your problem-solving skills.

In S1 you will learn: You will experience a mixture of 2 subjects

– Design and Manufacture and Graphic Communication and develop skills in design, graphics and practical abilities. You will learn to enhance your practical skills in measuring, marking out, cutting and shaping the workshop using wood and plastic. You will develop design skills and use them creatively your imagination in trying to solve some design tasks. You will also develop your drawing ability improve your computer modelling skills and strengthen your knowledge of the technology being used in today's world.

Advice to give your best in S1 Technical: Listen to your teacher at all times and always give your best in class. Always follow the rules of the department, especially in the workshop. If you need support, make sure you ask your teacher.



The Pupil Support Team

Teachers: Mr G Maxwell, Mr P Murray, Miss H Byrne, Miss D Ruddy, Miss S Kerr

When you come to Our Lady's you will be put into a class and allocated a **Pupil Support** teacher, who will stay with you throughout your time in school. Each class represents a **House Group** as follows:

St Columba	(1s1/1s6) Miss Ruddy
St John Ogilvie	(1s2/1s6) Mr Maxwell
St Mungo	(1s3/1s6) Miss Byrne
St Thenew	(1s4/1s6) Mr Murray
St Margaret	(1s5/1s6) Miss Kerr



Your Pupil Support teachers will get to know you really well! They will be monitoring your progress in class, looking at your attendance and time keeping and helping you to make your subject choices in the future. They are also there to help you with any difficulties or worries you might have in the school.

Once a week you will have a subject called **Health & Wellbeing (HWB)** on your timetable. This will usually be taught by your Pupil Support teacher. During this class you will learn about growth mindset; mental health; anti-bullying; healthy life choices and careers.

You will also have a **S6 Buddy** who will meet with you throughout the year. They will support you with any questions or issues you have and can answer any questions you have about your journey through S1.

The Pupil Support Team are really looking forward to meeting you soon!

Support for Learning

Head of Department: Mr J Graham (Acting)

Support Staff: Miss C Gorman (SfL teacher), Miss C Lang, Mrs C Doherty, Mrs A Doughty, Mrs S McIntyre (ASNAs)

We are an important department because: if you are having difficulties with any aspect of your learning we will work with you, your parents or guardians, and your teachers, to ensure that high quality support is available to you, whenever it is needed. This will allow you to achieve to the best of your ability in all your subjects.

Support in S1: If you require support in S1 Mr Graham will work with your primary school teacher, you, and your parents or guardians, to write a 'Getting It Right For Me' plan. Your plan is confidential and is only shared with your class teachers to allow them to support you in the best possible way. Examples of this support could be giving you printed notes or allowing you to use a laptop to do your writing. You may also work with support staff – this could be in class, on a 1-1 basis or in small groups.

If you need some support with literacy or numeracy there are different groups that you may benefit from e.g. Paired Reading, 'Read, Write, Inc.' IDL, Catch up Numeracy etc. You may recognise some of these from primary school.

Mr Graham runs a Learning Zone/Nurture area which you will be allowed to access if you are finding certain aspects of school life difficult. This provides a safe and quiet place to work. In addition, this area is open, and staffed, at interval times and at the start of the school day. You may be invited to join an S1 Nurture Group which will focus on communication skills, building positive relationships and improving resilience.

Advice to give your best in S1: Work hard, be positive, accept any support that is offered and have fun.



Home School Partnership Officer

Home School Partnership Officer: Mrs M Devine-Vernon

Support in S1: Welcome to Our Lady's High School. It is such an exciting time for all of our new S1 pupils. One of my roles in school is to support you during your move from primary school to high school. I will also support you during your entire time at high school.

I will offer small group work programmes and individual support during school time and after school. These programmes will be designed to meet your needs and overcome any worries that you may have. In addition to the programmes I will also offer lunchtime groups and a homework group in my room at lunchtime.

Part of my roles is to also offer support to your parents and family through phone calls, home visits and group work. I will work closely with the Pupil Support Team to ensure that you get the best from your time at school.

Advice to give your best & enjoy your experience in S1: Have lots of fun and enjoy trying new things. Feel free to pop by my room, I'm here for you.

