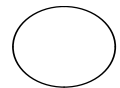


Hopes and Aims

GOALS. THERE'S NO TELLING WHAT YOU CAN DO WHEN YOU GET INSPIRED BY THEM. THERE'S NO TELLING WHAT YOU CAN DO WHEN YOU BELIEVE IN THEM. AND THERE'S NO TELLING WHAT WILL HAPPEN WHEN YOU ACT UPON THEM.
JIM ROHN

L.I: To outline personal hopes and aims.



Success Criteria:

- Identify hopes and aims for learning and for personal aspects of high school.
- Select ways that attitude, effort and behaviour can help learning.
- Discuss these hopes and aims.

When you start **secondary school**, it is a **new start** and a new **challenge**. A time to think about **what you want to gain** from and throughout this **new journey**, what do you **hope to achieve** and how you aim to help yourself to do this.

My Learning Hopes and Aims

1. In my lessons for the next year I aim to:

2. In first year I hope to find out and learn about:

3. When I start secondary school, in my learning I hope and aim to improve:

My Effort/Attitude/Behaviour Hopes and Aims

1. In first year I aim to behave:

2. At secondary school I hope to have a _____ attitude by:

3. When I start secondary school, I aim to give _____ effort by:

**“GREAT EFFORT SPRINGS NATURALLY FROM
GREAT ATTITUDE.”**

PAT RILEY

Continuous effort,
courage, positive
attitude and
determination are
the key to unlocking
our full potential.
- Anurag Prakash Ray

My Personal Hopes and Aims

1. In the next year I aim to become more confident in/at:

2. In first year I hope to achieve or be proud of:

3. When I start secondary school, I aim to make strong friendships because:

How happy are you with the hopes and aims you have set for your first year?

How well do you think you will be able to do/achieve these aims you have set?

After setting these hopes and aims how do you feel about starting high school?

Top Tips for Starting High School

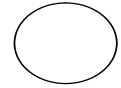
There is a **lot of advice** out there from **different sources** about **starting secondary** school. From teachers, parents, older pupils, the internet, social media etc. Below are some **statements of advice**, once you have **read them choose your 'Top Tips.'**

Create a poster for you and your classmates to **show 'Top Tips'** and best advice for starting high school. Make it **bold, bright and colourful** with the **key points and information**. Don't forget a title and blurb to **outline the purpose** of your poster.

L.I: To design an information poster.

Success Criteria:

- Select the key information and advice to use in the poster.
- Explain your reasons for your choices.
- Outline the purpose of the poster in the title and blurb.



Use the space below or a separate piece of paper if you wish.

Take time to familiarise yourself with the building and the places you will use on a daily basis such as dining hall, toilets etc.

Keep your timetable handy at all times until you know your days and classes inside out.

Have a few copies of your timetable in case when gets lost or ruined. Laminating them if you can, can help them last longer.

Try and meet and talk to people you did not go to primary school with, this will help you to build new friendships and make new friends.

Familiarise yourself with the staff, people you will be working with and people who may be able to help you if you need it.

Make a list of the equipment and things you will need for starting secondary school, stationary, calculator etc.

Make a diary or a journal on the run up to starting high school and/or the first few weeks into starting. Write down any thoughts and feelings and things you might one to get off your chest.

Colour code your timetable so that it easier to see when you have certain subjects at certain times.

Join clubs, after school and lunchtime activities that interest you. It is great way to get to know people and make you friends as well as learn new things.

If you need help, ask for it!

Plan your route from your house to your school. Do a dummy run to make sure you know where to go, timings and feel comfortable doing it yourself.

Get to know a little more about new subjects, what they involve, what you might be doing. This can make you feel a like more confident and comfortable doing something new.

Smile, even if you don't feel like it. It can make you feel better and make others feel better too.

Treat people how you want to be treated.

Try new things even if you don't feel like it or don't feel confident, you may surprise yourself.

Avoid gossiping and make your own decisions about people and things.

Be yourself! Let people get to know the real you.

Share your interests and things that you enjoy with others, this will help you to make friends and with people who you have things in common with.

Pack your bag and lay your uniform out the night before you start, get organised and try to have a relaxing morning.

Try to get a good nights sleep.

Talk to people if you have any worries or concerns don't let them build up.

Make plans outside of school, go to the pictures/swimming etc with new and old friends.

Don't be late in the morning or for classes. If you are late make sure you apologise and give a reason.

Make sure you follow the rules, let teachers get to know who you are for the right reasons.

Work hard and put in as much effort as you can to every subject.

Get to know your teachers and their expectations, what they allow and don't allow. Every teacher is different and you want to make sure you behave as appropriately as you can.

You won't like every subject, every teacher or every classmate but try to get along with everyone as best you can and show respect to everyone.