

London Marathon Project



A marathon is a long-distance running event with an official distance of 42.195 kilometres (26 miles and 385 yards). The event began to commemorate the fabled run of the Greek soldier Pheidippides, a messenger from the Battle of Marathon to Athens.

There are many marathons held all over the world each year. It is a very difficult event and runners are advised to train and run many miles before they compete. The London marathon first took place in 1981 with 6625 people taking part. It is now said to be the biggest charity fundraising event in the world.

26th April 2020 would have marked the 40th year but now the London Marathon has been postponed till October 2020. Unfortunately this will have a negative impact on a lot of charities. However, the organisers of the London marathon and other sporting events have come together to create ['The 2.6 Challenge'](#) and the good news is that anyone can take part!

For your London Marathon Project you have **two options**.





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Your options are based on the articles from the 'Rights of the Child' which will help us work towards becoming a 'Rights Respecting School'.

OPTION 1: Based on Article 31

Every child has the right to relax, play and take part in a wide range of cultural activities
Create your own challenge for 26th April 2020. Take photos, draw diagrams or film yourself completing the challenge and upload to Seesaw. These challenges need to include the digits 2.6. OR 26. Here are some examples:



Run on the spot for 26 minutes.



Put on some music and dance for 26 minutes.



Jump 26 times on a trampoline.



Juggle for 2.6 minutes without dropping the balls.



Do 26 star jumps.



Skip for 2.6 minutes without any mistakes.



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OPTION 2: Based on Article 12

Every child has the right to express their views, feelings and wishes in all matters affecting them

Which charity would you fundraise for and why? Create a leaflet to encourage everyone to help you raise money for your charity. Upload your leaflet to Seesaw.

Make sure you include:

Make sure you include:

- Name of your charity
- What your charity does
- Why you have chosen this charity
- Why everyone else should support your chosen charity
- What the money raised for your charity would help.

Here are some examples of UK charities:

