



Vision: Working together to create a nurturing, inclusive, rights respecting community, where learning is exciting, challenging, and relevant.

October 2022





Dear Parent or Carer,

On Friday 7th October, we have booked the mobile climbing wall for our 'sponsored climb'. If you wish your child to take part, you must complete the consent form. All monies raised should be with us by Friday 14th October. To accommodate this, the cafeteria option on Friday will be 'snack to go' only. The children will also be required to come dressed for outdoor PE. We may have to postpone this event if the weather is inclement,

We are delighted to welcome you back to our school building on Wednesday 12th October for our first parents' night, in person since 2019! If you have not booked a time, please do so by using the online booking system (details are in the letter issued to you last week). The Parent Council will also be selling raffle tickets for a fantastic hamper and we will also have the travelling book fayre available too.

Being part of your child's learning journey is very important, and we hope that Open Hour and sending your child's jotters home has been a good way of keeping you up to date. If there is anything we can assist with, please do not hesitate in contacting us at school. I look forward to seeing you next week.

Yours sincerely,

Mr Daniel Murray Head Teacher



October: Right of the Month



UNCRC Article 30

I have a right to speak my own language and to follow my family's way of life

Article 30 of the UNCRC makes it clear that children and young people who belong to a minority group have the right to share their culture, language and religion with other people in that group.

Minority groups include:

- ethnic minorities
- religious minorities
- linguistic minorities— people who use a language that's not the one most people use. That includes signed languages as well as spoken ones: British Sign Language users are members of a linguistic minority.

While most of what Article 30 says is implied by other Articles of the UNCRC, it exists to makes clear that the rights of minority children and young people should not be overlooked by people who think about how to put the Convention into practice. It applies to everyone in Scotland and not just its citizens— so refugees in the process of seeking asylum are covered by it in the same way as everyone else.



We are collecting for BASICS Foodbank until the end of October. Items needed are on our website.

Cost of Living - Ways We Can Help

The cost of living is a concern for all of us. We can refer families to our Financial Inclusion Team who will help with benefits and welfare entitlement. Any families wishing to access the service can contact Mr Murray at any time, and all calls will be confidential.

NORTH LANARKSHIRE FINANCIAL INCLUSION TEAM Our Financial Inclusion Team help North Lanarkshire residents with money advice and welfare benefits. The team includes a combination of debt advisers and welfare rights staff. Our services include: • rent/mortgage arrears • council tax arrears • payday loans • personal loans • store/credit cards • gas/electricity arrears How we can help you? If you are worried about debt or experiencing financial difficulties, our debt advisers can provide free, impartial and confidential advice. We will review your finances, prioritise your debts and complete a financial statement which includes details of your income and expenditure. Depending on your personal circumstances, we will advise you	BELLSHILL & DISTRICT CITIZENS ADVICE The Citizen's Advice Bureau is an independent service which offers advice to local people on so many different topics. Because they are independent, they are impartial and work with you to ensure you have the right information and the right support. They advise on: Housing Benefits Consumer advice Family Health Debt & Money Work Immigration Law & Courts You can contact their office in Bellshill by calling: <u>01698 748615</u> Or go to
on what options are available to you and find the best solution possible. Budgeting We can also offer advice on budgeting. We can help you take the first steps in taking control of your finances by giving you advice on how to reduce outgoings and maximise your income. By doing this you may be in a better position in avoiding debt, reduce the risk of unexpected costs or you could even have some money left to save. Call on : 01698 403170 Email on : fit@northlan.gov.uk	www.bellshillcab.org.uk

MacMillan Coffee Afternoon

Special thanks to our P4 class and Mr Sharkie for leading our MacMillan Coffee Afternoon last week. So far, we have raised nearly £270. The left-over cakes will be sold this week during morning break with all money going to this very good cause. Thank you to those that managed to



come along and support our event. Special thanks to P4/5 and P5 for their baking too.



Noble Primary School, Bellshill @ @Noble_P_S · Sep 30 ···· A huge thank you from P4 to P4/5 and P5 for helping us bake cakes for our MacMillan Coffee Afternoon. We hope you all enjoyed sampling them afterwards.



iPay Cashless System

- All payments should be made using the iPay system.
- Please check your child's account regularly to make sure he/she has enough money for Tuck Shop and/or school dinners.
- If you need any help, please email: <u>onlineschoolpayments@northlan.gov.uk</u>

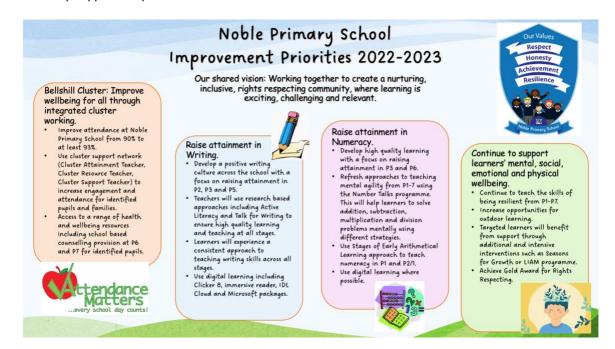
P7 Outdoor Learning Experience

Just before the September Weekend holiday, P7 took part in a three-day Outdoor Learning experience at Strathclyde Park. The children took part in a range of activities including Bikeability, den building, water sports and rock climbing. All of the children had a fantastic time. Check out our Twitter account for more pictures.



School Improvement Plan 2022-2023

A summarised version of our Improvement Plan will be emailed to you this week. Our priorities are outlined below. A fully copy of our plan will be available on our school website.



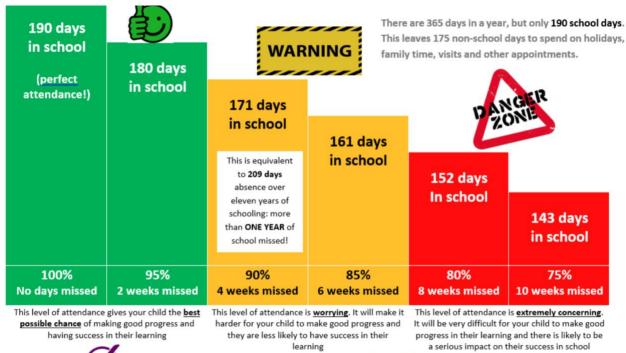
Noble Primary School. Enabling all learners to become...

Successful Learners Confident Individuals... Effective Contributors... Responsible Citizens

Improving Attendance

IMPROVING PUPIL ATTENDANCE is part of our school improvement plan and it's a focus for all Bellshill Academy Cluster schools.

North Lanarkshire's schools' target for attendance is 95%. Last session, our average attendance was 90%. It goes without saying that the more time a child spends at school, the better chance they have of reaching their fullest potential.



ATTENDANCE MATTERS... <u>every</u> school day counts!

Schools in our cluster will be doing the following:

- Reviewing attendance for each year group every month.
- Contacting parents/carers of those children whose attendance is below average.
- Working with partners to support families with children who regularly miss school.

Parents and Carers are asked to co-operate by:

- Keeping planned absences to a minimum during term time (holidays/appointments etc).
- Ensure that pupils arrive on time for school.
- Contact the school as soon as possible to advise of any absences.



Meet our Junior Road Safety Officers from P6 and P7. The Officers will be speaking at assembly soon to remind us all of the importance of Road Safety in and around our school.

PE Health and Safety

In line with North Lanarkshire's health and safety guidance, earrings should be removed on PE days and studded earrings that cannot be removed should be covered with plasters. Teachers are not permitted to remove earrings for children. I would appreciate your co-operation with this.

Please also note that false nails are not suitable for school as they can pose a health and safety risk both in PE practical lessons and in the playground. Thank you.











Lost Property

We have a large amount of clothing with no names. We will display these at next week's Parents' Night. Thank you.

Health and Wellbeing – Mental Health

Our new resilience strategy for the next few weeks is 'look on the bright side'. All of the children will be learning about this strategy through the Skipper stories. Ways you can help at home below...





Look on the Bright Side

We can all look at the same situation from different perspectives. Sometimes the way we think about things that happen to us can have a bigger impact on our wellbeing than the events themselves.

When we get stuck with negative thoughts, research has found that questioning and challenging some of our thinking, or focusing on the positive things in our life or what we are grateful for, can be a helpful way to change our mood. Resilient people are not immune to change, misfortune or adversity. They are better able to make sense of their experiences by finding meaning and perspective in order to help them to move forward.



In this unit, Skipper overhears an unkind comment about him. The comments go round and round in his head and he starts to believe that they may be true. Using his 'Helpful Thinking Helmet' he is able to question these thoughts and find ways to feel better.

In this unit, we will be learning that:

- The way you think can affect the way you feel.
- There are different ways of looking at the same thing.
- Focusing on what you are grateful for can help.

Talk it over

Talk to your child about the things you are grateful for in your life.

Home activity

Create your own memory jar of things that you are grateful for. Your jar will help you to build and remember memories which will help you through difficult times, and this will help you savour the positive moments in your life.

Key Book: Tiger-Tiger, Is It True? by Byron Katie

<u>School Calendar</u>

Please note, dates and times are subject to change.

Calendar of Events 2022 - 2023		
Event	Date	Time
Sponsored Event	Friday 7 th October 2022	All day
P4 Science Trip	Wednesday 12 th October 2022	Morning
Parents' Night	Wednesday 12 th October 2022	From 3:15pm
Harvest Assembly	Friday 14 th October 2022	9:30am
October Holiday	Monday 17 th - Friday 21 st	School Closed
Parent Council Hallowe'en Disco	Wednesday 26 th October	P1-3 6pm to 7pm P4 - 7 7:15pm to 8:30pm
School Photographs	Thursday 27 th October 2022	All day
Hallowe'en Activity Afternoon	Monday 31 st October 2022	(pm)