

Our Ref: DM/EO/043
Your Ref:
Contact:
Tel: 01698 274907
E-mail: ht@noble.n-lanark.sch.uk
Date: 18th May 2021



Education and Families

NOBLE PRIMARY
Daniel Murray
Head Teacher
Shirrel Avenue
BELLSHILL ML4 1JR
www.northlanarkshire.gov.uk

Dear Parent/Carer,

As part of Relationship, Sexual Health and Parenting (RSHP) week, pupils in P1 to P4 will be learning about the NSPCC's **PANTS rules**. During these discussions we will aim to teach our pupils the following important safety skills without giving explicit information or telling scary stories. We will be teaching our pupils how to stay safe by learning the PANTS rules, which the NSPCC have developed to be like a Green Cross Code for staying safe.

PANTS stands for:

- **Privates are private.**
- **Always remember your body belongs to you.**
- **No means no.**
- **Talk about secrets that upset you.**
- **Speak up, someone can help.**

The lessons will introduce a range of ideas, all delivered in a way that's fully age-appropriate, empowering pupils, without using any frightening words. These lessons will be delivered by your child's class teacher or by Mrs Bruce.

If you would like to know more about the NSPCC's campaign and learn how you can help keep your children safe in partnership with the school, more information can be found at nspcc.org.uk/pants
If you have any questions or concerns please don't hesitate to get in touch.

Yours sincerely,

A handwritten signature in blue ink that reads "M Bruce".

Mrs M. Bruce
Principal Teacher

A blue speech bubble with a black outline, pointing towards the bottom right. It contains the text: "All children have the right to be safe - UNCRC Article 34".

All children have the right to be safe
- UNCRC Article 34

A blue speech bubble with a black outline, pointing towards the bottom left. It contains the text: "All children have the right to get information that is important to their wellbeing. Adults should make sure that the information is not harmful, and helps children find and understand the information they need - UNCRC Article 17".

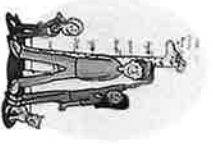
All children have the right to get information
that is important to their wellbeing. Adults
should make sure that the information is not
harmful, and helps children find and
understand the information they need -
UNCRC Article 17



**LIVE
LEARN
WORK
INVEST
VISIT**



Noble Primary School - PRIMARY 1



Relationships, Sexual Health and Parenthood (RSHP) Parent Information Leaflet

School to Home RSHP link

During the month of June, all our learners will take part in the important aspect of the health and wellbeing section of Curriculum for Excellence, RSHP. Children and young people do not just learn in formal settings, they also learn at home and so the RSHP teaching programme at Noble Primary makes that connection by recognising the role of parents as the child's first and lifelong educator. What is being taught to your child/ren is being shared with you directly.

RSHP Education

Relationships, Sexual Health and Parenthood (RSHP) education is a lifelong process where children and young people acquire knowledge, understanding and skills, while developing their own beliefs and values about their sexuality and relationships within a moral and ethical background. Curriculum for Excellence articulates a set of statements about learning and progression in each curriculum area, called Experiences and Outcomes, they are used to help plan learning and to assess progress. The children learn what is age and stage appropriate to them.

RSHP in the Primary School

RSHP formal education within Primary School, allows children to receive the correct information and gives them a safe environment for this necessary learning to take place, while also being supported at home.

What will the P1 children learn?

- I can accurately name and locate a variety of body parts. (E.g., shoulder, arm foot etc.)
- I know why keeping clean is important and how to take responsibility for some of this.
- I can explain basic hand cleaning and dental care routines.
- I know my body changes as I grow.
- I am beginning to know that some parts of my body are private.
- I know who I can talk to if I am worried.
- I know the NSPCC PANTS rule. (Please see separate letter for full details)

Early Level Health and Wellbeing Experiences and

Outcomes from Curriculum for Excellence

- I recognise that we have similarities and differences but are all unique. HWB 0-47a
- I am aware of my growing body and I am learning the correct names for its different parts and how they work. HWB 0-47b
- I am developing my understanding of the human body and can use this knowledge to maintain and improve my wellbeing and health. HWB 0-15a