

Our Ref: DM/EO/043
Your Ref:
Contact:
Tel: 01698 274907
E-mail: ht@noble.n-lanark.sch.uk
Date: 18th May 2021



Education and Families

NOBLE PRIMARY
Daniel Murray
Head Teacher
Shirrel Avenue
BELLSHILL ML4 1JR
www.northlanarkshire.gov.uk

Dear Parent/Carer,

As part of Relationship, Sexual Health and Parenting (RSHP) week, pupils in P1 to P4 will be learning about the NSPCC's **PANTS rules**. During these discussions we will aim to teach our pupils the following important safety skills without giving explicit information or telling scary stories. We will be teaching our pupils how to stay safe by learning the PANTS rules, which the NSPCC have developed to be like a Green Cross Code for staying safe.

PANTS stands for:

- **Privates are private.**
- **Always remember your body belongs to you.**
- **No means no.**
- **Talk about secrets that upset you.**
- **Speak up, someone can help.**

The lessons will introduce a range of ideas, all delivered in a way that's fully age-appropriate, empowering pupils, without using any frightening words. These lessons will be delivered by your child's class teacher or by Mrs Bruce.

If you would like to know more about the NSPCC's campaign and learn how you can help keep your children safe in partnership with the school, more information can be found at nspcc.org.uk/pants
If you have any questions or concerns please don't hesitate to get in touch.

Yours sincerely,

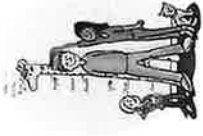
Mrs M. Bruce
Principal Teacher

All children have the right to be safe
- UNCRC Article 34

All children have the right to get information that is important to their wellbeing. Adults should make sure that the information is not harmful, and helps children find and understand the information they need –
UNCRC Article 17



Noble Primary School - PRIMARY 2



Relationships, Sexual Health and Parenthood (RSHP) Parent Information Leaflet

School to Home RSHP link

During the month of May, all our learners will take part in the important aspect of the health and wellbeing section of Curriculum for Excellence, RSHP. Children and young people do not just learn in formal settings, they also learn at home and so the RSHP teaching programme at Noble Primary makes that connection by recognising the role of parents as the child's first and lifelong educator. What is being taught to your child/ren is being shared with you directly.

RSHP Education

Relationships, Sexual Health and Parenthood (RSHP) education is a lifelong process where children and young people acquire knowledge, understanding and skills, while developing their own beliefs and values about their sexuality and relationships within a moral and ethical background. Curriculum for Excellence articulates a set of statements about learning and progression in each curriculum area, called Experiences and Outcomes, they are used to help plan learning and to assess progress. The children learn what is age and stage appropriate to them.

RSHP in the Primary School

RSHP formal education within Primary School, allows children to receive the correct information and gives them a safe environment for this necessary learning to take place, while also being supported at home.

What will the P2 children learn?

- Children learn the concept of bodily autonomy - that their body is their body.
- Children learn that parts of their body are private.
- Children learn that other children/people also have the right to privacy.
- Children learn help-seeking behaviours.
- Children learn who they can talk to if they are worried.
- Children learn the NSPCC PANTS rule. (Please see separate letter for full details)

First Level Health and Wellbeing Experiences and Outcomes from Curriculum for Excellence

- I am learning what I can do to look after my body and who can help me. HWB1-48a
- I am learning about respect for my body and what behaviour is right and wrong. I know who I should talk to if I am worried about this. HWB 1-49a
- I am aware of the need to respect personal space and boundaries and can recognise and respond appropriately to verbal and non-verbal communication. HWB 1-45b