



— Do you need help during the COVID-19 Pandemic? —

## HELP WHERE IT'S NEEDED

FREE support during this global time of struggle in our local communities of Bellshill, Mossend and Thorniewood. Collection and delivery of food parcels, groceries and prescriptions as well as telephone befriending and much needed appropriate signposting to other available help.

## WHO ARE WE?

We are a partnership of charities, non-profit organisations, community councils, elected members and NHS health professionals who are in a unique position to be able to help our communities at this time of severe struggle and social isolation for everyone.



### Befriending

Phone or video calls to those shielding who have extreme loneliness to battle with.



### Food Parcels

Collection and Delivery of essential food parcels for those who cannot get the essentials day to day.



### Personal Shopper

Give us your shopping list and we will go to your chosen supermarket for you and deliver too.



### Prescriptions

Pick up and delivery from your local surgery or pharmacy and drop off at your door, free of charge.