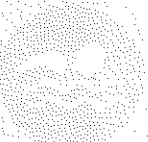
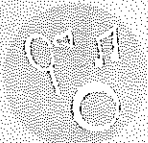


# KIDS SUMMER SPORT CAMPS

3<sup>RD</sup> JULY - 11<sup>TH</sup> AUGUST

Check out our great selection of  
kids summer sport camps

Choose from



Online booking now available

For more information please visit [www.nlleisure.co.uk](http://www.nlleisure.co.uk)

# THE SPORTS

## **MULTI-SPORTS**

Our action packed multi-sports programme incorporates a wide variety of activities ranging from group sports, to face painting & creative fun. NL Leisure holiday programmes provide a safe and sociable experience for young people that promote a healthy and active lifestyle! For more info email [sportsdevelopment@nlleisure.com](mailto:sportsdevelopment@nlleisure.com)  
Ages: 5 - 12 years

## **FOOTBALL**

The football programme is structured and planned with themed days throughout the week for the players to develop and have fun! For more info email [nicky.laughlin@nlleisure.com](mailto:nicky.laughlin@nlleisure.com)  
Ages: Primary 1 - 16 years

## **TENNIS**

Each daily tennis session changes theme to allow children to develop their tennis understanding and ability. For more info email [grant.shearer@nlleisure.com](mailto:grant.shearer@nlleisure.com)  
Ages: Primary 1 - 16 years old

## **ATHLETICS**

Athletics is suitable for athletes of all abilities. For beginners it gives a great introduction to different disciplines while more experienced athletes can hone their skills in a relaxed, fun environment. Teeny Tots is for ages 3-5 years and Startrack is for ages 5-16 years. For more info email [kat.heron@nlleisure.com](mailto:kat.heron@nlleisure.com)  
Ages: 3 - 16 years old

## **DANCE**

Our exciting Dance Camp will have children participating in different fun packed workshops each day in styles of Cheerleading, Hip Hop, Musical Theatre and Creative Dance. Camps are fun, lots of hard work and will showcase a performance at the end of the week. For more info email [megan.donnachie@nlleisure.com](mailto:megan.donnachie@nlleisure.com)  
Ages: 3 - 16 years old

## **GOLF**

Ideal for both an introduction to golf and for those with some golf experience, kids will get valuable coaching from our PGA pro. For more info email [john.kelly@nlleisure.com](mailto:john.kelly@nlleisure.com)  
Ages: Under 7 Mini Tigers (Min age 3) & 7- 16 - Academy

## **SWIMMING**

Our swimming crash courses over the summer break give a great opportunity for all levels to get in the water. For more info email [swim@nlleisure.com](mailto:swim@nlleisure.com)  
Groups: Pre-school & Level 1 - 4 Swimmers, One-to-one lessons

## **MUSICAL THEATRE**

Musical Theatre teaches dancing, acting and singing with a show performance at the end of the week. For more info email [megan.donnachie@nlleisure.com](mailto:megan.donnachie@nlleisure.com)  
Ages: 7 - 16 years old

## **GYMNASTICS**

Our fun and energetic gymnastics camps are open to kids of all abilities. This dynamic sport incorporates strength, flexibility, speed, balance, coordination, power and discipline. For more info email [megan.donnachie@nlleisure.com](mailto:megan.donnachie@nlleisure.com)  
Ages: 18 months - 16 years old

## **BMX**

Our BMX sessions are coached by highly talented professionals. Your kids will be steering and sweeping round the track like pros in no time. To book or for more details call Broadwood reception on 01236 341952.  
Ages: Primary 1 - 16 years old

For more information on venues and how to book please visit [www.nlleisure.co.uk](http://www.nlleisure.co.uk)