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Education and Families  
**New Monkland Primary School  
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Dear Parent/Carer

### **Re: Motivational Mondays**

Your child may already be talking about Motivational Mondays at home, so we wanted to do a letter to let you know what it is all about. Following consultation with the children/staff across the school/nursery and with the support of Mrs Reid we will be building into our Monday afternoons (Motivational Mondays), which will start week beginning 19 January. We decided on a Monday as we thought that this would help make a Monday more exciting as you know sometimes it's the hardest day to motivate yourself.

Motivational Mondays came about in response to our 'Idea Boxes' where lots of our children were telling us they enjoyed the social aspect of (Fun Fit Friday) that we previously did and wanted something similar. They also highlighted they wanted to learn new skills with children and staff across other classes and the pre school children from the nursery.

It will consist of ten different skill-based activities which your child will sign up to on a 4-weekly cycle, and it is based on their interest and trying something new. These activities were selected from pupil voice and will help develop skills they might not know or will need in the future. Some of the activities on offer are listed below:

- Lovely languages
- Sensational Sewing
- Jazzy Jewels
- Creative Construction
- Delightful Drama
- Dynamic Dancing
- Art Attack
- Curious Coding
- Blissful Baking
- Yipee Yoga

We hope that Motivational Mondays will be something that we can all enjoy together as a whole school and nursery, and we are certain that our peers will learn something new too. We can't wait to



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get started on Monday and if you have any questions or feedback for us, please make sure and pass it on.

Kind regards

**NMPS HT/Pupil Leadership team**

Mrs Reid, Cameron, Georgia, Lewis, Sarah, Pippa.