

Bikeability Training Level 2 (On road cycling training)

What is Bikeability Level 2?

Bikeability is the only UK government-recognised cycle training scheme, funded by the Department for Transport and is designed to teach pupils the skills and confidence to cycle safely.

The Bikeability Level 2 course is designed for children in Primary 5 – 7. The course is designed to give your child the skills and confidence needed to ride on local roads, of the type that are often found around schools. Your child will be taught how to safely deal with traffic on short journeys on a quiet risk assessed roads near to the school.

What will my child need to participate in Bikeability cycle training?

To participate in Bikeability cycle training, your child will need to bring a bike which is roadworthy and of the correct size, a cycle helmet and weather appropriate clothing/footwear for outdoors training. There will be an external company completing a bike check at the school prior to level 2 training. Please see the attached **Bike, Helmet & Clothing Check Form** to help ensure that you are able to meet all of these requirements and to guide you through checking the suitability of your child's bike. If you child does not have a suitable bike/helmet please make the school aware of this.

***BMX bikes: Must have 2 working brakes and front & back stunt pegs should be removed**

Pupil Consent Form

Parent/Guardian consent for child to take part in cycle training

Name of child _____ Age of child _____
Address of child _____ Date of birth _____
Postcode _____
Address of parent _____ Phone number(s) of parent/guardian
(if different to child) (in case of emergency)
Postcode _____

Disclaimer

I _____ (name of parent/guardian) am the parent or legal guardian of the named child on this form and give permission for them to participate in the cycling activities/training. I understand and have discussed the risks of the activity and the need for safety precautions with my child.

I agree and understand that I and the named child whom I am giving consent to take part in the activity/training will act responsibly and abide by the terms and conditions required for safe participation.

I give permission for my child to receive emergency medical treatment as considered necessary by the medical authorities present.

I hereby maintain that the named child is fit and healthy enough to participate.

Parents or guardians must also understand:

the demands of cycling activity; only they alone can make the decision about the ability of their child to participate that the child may cycle with other adults and/or with other children, and there is also the possibility of the child cycling on their own that arrangements to get to and from the activity/training are the sole responsibility of the parent/guardian

Signature of parent/guardian _____

Date _____

Disclaimer

I _____ (name of parent/guardian) DO / DO NOT grant permission for my child's image to be used by Cycling Scotland and/or their partner organisations.

I understand that photographic images and films of my child could be used for promotional use in connection with cycling and/or our other products, services and campaigns. This might involve their use in printed or promotional material, advertising, or on the internet.

Signature of parent/guardian _____

Date _____