

## **Appendix: Parental Letter**



### **Primary School Children's Wellbeing Survey**

#### **Dear Parent/Guardian**

We are all facing significant challenges as a result of the COVID pandemic. In North Lanarkshire we want to do all we can to support our children and young people's health and wellbeing. All primary schools in your local authority have been invited to take part in a health and wellbeing survey which we are asking teachers to complete for each child in their class. The results of this survey will be used to understand the wellbeing needs of children in North Lanarkshire. This will improve the way children's services are planned and delivered by your local authority.

#### **What will be happening?**

Your child's teacher will complete the Strengths and Difficulties questionnaire. This will take about 5-10 minutes to complete. The questions are all well-established items that have been ethically approved for surveys with children of this age and found to be associated with wellbeing. Some of the topics include: children's emotions, feelings and behaviours at home and school, engagement with learning, and relationships with peers.

#### **Will anyone see my child's answers?**

Your child's name will be linked to an ID number by the school. Your child's school will hold this information. The team running the survey are trained to keep data safe, confidential and anonymous. They will see the answers but will not have your child's name. The school will be able to link your child's name to the ID number and this will allow them to speak with any children who might need extra support. We will also be looking at everybody's answers together. This is so we can understand what primary aged children think and feel.

#### **Do I need to agree to take part?**

No. It is up to you. You can opt-out of participating by completing and returning the slip enclosed in the letter to the school. Not taking part will have no impact on your child's schooling or any services used.

Yours faithfully

A handwritten signature in black ink that reads "Gerard J. McLaughlin".

Mr Gerard McLaughlin  
Head of Service (North)

**You do not have to do anything** if you are happy for your child's teacher to complete the health and wellbeing survey for your child.

**If you do not wish to participate in this survey**, please phone the school within the **next 10 working days**. Thank you for your help with this important programme.