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| **WEEK 1 Hot Option** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Hot Option | Beef burger in a bun with seasoned potato wedges and a choice of vegetable sticks  | Macaroni cheese served with garlic bread finger and a choice of two vegetables or salad (v) | Chicken curry and rice served with a naan bread finger and 2 choices of vegetables. |  Pork sausages with gravy, mashed potato, peas and carrots | Fish fingers\* with simply diced potato and vegetables. |
| Veggie alternative | Quorn Burger andseasoned potato wedges with a choice of vegetable sticks (v) | Not required | Vegetable Curry and rice served with a naan bread finger and 2 choices of vegetables. (v) | Quorn sausages with gravy, mashed potato, peas and carrots (v) | Quorn Nuggets and chips with a choice of salad and vegetables (v) |
| Soup, sweettreat, fruit oryoghurt | Fruit or Yoghurt | Home BakingOrFruit  | Fruit or Yoghurt | Home BakingOrFruit | Fruit or Yoghurt |

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| **Week 1 Cold Option** | **Monday**  | **Tuesday**  | **Wednesday**  | **Thursday** | **Friday** |
| Packed Lunch | Choice of Tuna or cheeseSliced fruit, little stars yoghurtMilk or Water | Choice of Chicken or Cheese.Sponge cake and FruitMilk or Water | Choice of Tuna or CheeseSliced fruit, little stars yoghurtMilk or Water | Choice of Chicken or CheeseSponge cake and FruitMilk or Water | Choice of Chicken or CheeseSliced fruit, little stars yoghurtMilk or Water |

\*Salmon

All choices come with the choice of water or milk. There should be a minimum of two options of vegetables on offer, with two portions served with each meal. Week Commencing - 10th, 31st August, 21st September

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| **WEEK 2 Hot Option** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Today’s Hot OptionRED BAND | Casserole Chicken and mashed potato with a choices of two vegetables. | . Penne Pasta Bolognese served with garlic bread and a choice of salad or vegetables. | Cowboy Beans -Pork sausage and beans with simply diced potato  | Fish Fingers\* with mashed potato peas and sweetcorn. | Tuna Pasta with Sweetcorn and a choice of Vegetable Sticks |
| Veggie Alternative | Vegetable Casserole and mashed potato with a choices of vegetables (v) | Tomato PastaServed with garlic bread and a choice of salad or vegetables (v) | Cowboy beans Quorn Sausage and beans with simply diced. (v) | Quorn Nuggets with mashed potato peas and sweetcorn. (v) | Baked Potato with cheese and a choice of Vegetable Sticks (v) |
| Sweettreat, fruit oryoghurt | Fruit or Yoghurt | Home BakingOrFruit | Fruit or Yoghurt | Home BakingOrFruit | Fruit or Yoghurt |

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| **Cold Option** **Week 2**  | **Monday**  | **Tuesday**  | **Wednesday** | **Thursday** | **Friday** |
| Packed Lunch | Choice of Tuna or cheeseSliced fruit, little stars yoghurtMilk or Water | Choice of Chicken or CheeseSliced fruit, little stars yoghurtMilk or Water | Choice of Tuna or cheeseSliced fruit, little stars yoghurtMilk or Water | Choice of Chicken or CheeseSliced fruit, little stars yoghurtMilk or Water | Choice of Chicken or CheeseSliced fruit, little stars yoghurtMilk or Water |
| **WEEK 3 Hot Option** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Today’s Hot Option | Pizza and Pastawith salad and vegetable sticks (v) | Pork sausage withseasoned simply dicedpotatoes and two choices of vegetables or salad | Fish fingers\* baby boiled potatoes and a choice of sweetcorn, peas or baked beans. | Minceand mashedpotatoes with carrots and peas | Lentil soup and sandwich triangles (v) |
| Veggie Alternative | Not required | Quorn Sausage withseasoned dicedpotatoes and two choices of vegetables or salad (v) | Baked Potato with baked beans with a side salad.(v) | Cheese and onion pastie, mashedpotatoes with carrots and peas (v) | Not required. |
| Sweettreat, fruit oryoghurt | Fruit or Yoghurt | Home BakingOr Fruit | Fruit or Yoghurt | Home BakingOr Fruit | Fruit or Yoghurt |

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| **Week 3 Cold Option** | **Monday**  | **Tuesday**  | **Wednesday** | **Thursday** | **Friday** |
| Packed Lunch | Choice of Chicken or CheeseSliced fruit, little stars yoghurtMilk or Water | Choice of Tuna orcheese (v) Sliced fruit, little stars yoghurtMilk or Water | Choice of Chicken or CheeseSliced fruit, little stars yoghurtMilk or Water | Choice of Tuna or cheeseSliced fruit, little stars yoghurtMilk or Water | Choice of Chicken or CheeseSliced fruit, little stars yoghurtMilk or Water |

All choices come with the choice of water or milk. There should be a minimum of two options of vegetables on offer, with two portions served with each meal. Week Commencing – 24th August, 14th September