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| **WEEK 1 Hot  Option** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Hot Option | Beef burger in a bun with seasoned potato wedges and a choice of vegetable sticks | Macaroni cheese served with garlic bread finger and a choice of two vegetables or salad (v) | Chicken curry  and rice served with a naan bread finger and 2 choices of vegetables. | Pork sausages with gravy, mashed potato, peas and carrots | Fish fingers\* with simply diced potato and vegetables. |
| Veggie alternative | Quorn Burger and seasoned potato wedges with a choice of vegetable sticks (v) | Not required | Vegetable Curry and rice served with a naan bread finger and 2 choices of vegetables. (v) | Quorn sausages with gravy, mashed potato, peas and carrots (v) | Quorn Nuggets and chips with a choice of salad and vegetables (v) |
| Soup, sweet treat, fruit or yoghurt | Fruit or Yoghurt | Home Baking  Or  Fruit | Fruit or Yoghurt | Home Baking  Or  Fruit | Fruit or Yoghurt |

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| **Week 1 Cold Option** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Packed Lunch | Choice of Tuna or cheese  Sliced fruit, little stars yoghurt  Milk or Water | Choice of Chicken or Cheese.  Sponge cake and Fruit  Milk or Water | Choice of  Tuna or Cheese  Sliced fruit, little stars yoghurt  Milk or Water | Choice of Chicken or Cheese  Sponge cake and Fruit  Milk or Water | Choice of Chicken or Cheese  Sliced fruit, little stars yoghurt  Milk or Water |

\*Salmon

All choices come with the choice of water or milk. There should be a minimum of two options of vegetables on offer, with two portions served with each meal. Week Commencing - 10th, 31st August, 21st September

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| **WEEK 2 Hot Option** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Today’s Hot Option  RED BAND | Casserole Chicken  and mashed potato with a choices of two vegetables. | .  Penne Pasta Bolognese served with garlic bread and a choice of salad or vegetables. | Cowboy Beans -  Pork sausage and beans with simply diced potato | Fish Fingers\* with mashed potato peas and sweetcorn. | Tuna Pasta with Sweetcorn and a choice of Vegetable Sticks |
| Veggie Alternative | Vegetable Casserole and mashed potato with a choices of vegetables (v) | Tomato Pasta  Served with garlic bread and a choice of salad or vegetables (v) | Cowboy beans  Quorn Sausage and beans with simply diced. (v) | Quorn Nuggets with mashed potato peas and sweetcorn. (v) | Baked Potato with cheese and a choice of Vegetable Sticks (v) |
| Sweet treat, fruit or yoghurt | Fruit or Yoghurt | Home Baking  Or  Fruit | Fruit or Yoghurt | Home Baking  Or  Fruit | Fruit or Yoghurt |

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| **Cold Option**  **Week 2** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Packed Lunch | Choice of Tuna or cheese  Sliced fruit, little stars yoghurt  Milk or Water | Choice of Chicken or Cheese  Sliced fruit, little stars yoghurt  Milk or Water | Choice of Tuna or cheese  Sliced fruit, little stars yoghurt  Milk or Water | Choice of Chicken or Cheese  Sliced fruit, little stars yoghurt  Milk or Water | Choice of Chicken or Cheese  Sliced fruit, little stars yoghurt  Milk or Water |
| **WEEK 3 Hot Option** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Today’s Hot Option | Pizza and Pasta  with salad and vegetable sticks (v) | Pork sausage with seasoned simply diced potatoes and two choices of vegetables or salad | Fish  fingers\* baby boiled potatoes and a choice of sweetcorn, peas or baked beans. | Minceand mashed potatoes with carrots and peas | Lentil soup and sandwich triangles (v) |
| Veggie Alternative | Not required | Quorn Sausage with seasoned diced potatoes and two choices of vegetables or salad (v) | Baked Potato with baked beans with a side salad.  (v) | Cheese and onion pastie, mashed potatoes with carrots and peas (v) | Not required. |
| Sweet treat, fruit or yoghurt | Fruit or Yoghurt | Home Baking  Or Fruit | Fruit or Yoghurt | Home Baking  Or Fruit | Fruit or Yoghurt |

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| **Week 3 Cold Option** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Packed Lunch | Choice of Chicken or Cheese  Sliced fruit, little stars yoghurt  Milk or Water | Choice of Tuna or cheese (v)  Sliced fruit, little stars yoghurt  Milk or Water | Choice of Chicken or Cheese  Sliced fruit, little stars yoghurt  Milk or Water | Choice of Tuna or cheese  Sliced fruit, little stars yoghurt  Milk or Water | Choice of Chicken or Cheese  Sliced fruit, little stars yoghurt  Milk or Water |

All choices come with the choice of water or milk. There should be a minimum of two options of vegetables on offer, with two portions served with each meal. Week Commencing – 24th August, 14th September