

Week 2

- Light a candle at mealtimes & pray for peace around the world, especially situations in the news this week.
- Drink only water for a day reminding you of how precious this resource is. How many times do we use water & what do we use it for? Say a prayer for those around the world who don't have clean water in their homes & find out more about [WaterAid](#).
- Send "Thank You" notes to those special people who are a blessing in your life, it could be a teacher, friend or relative.
- Write "You are loved" on a post-it-note & stick it inside a book at home for someone to find.
- Make some Family Play Dough Portraits. Print off the last page of this book & add play dough features to the faces so they look like your family. Say a thank you prayer to God for your awesome family.
- Take some time to chill out with some cloud watching. What colours & shapes can you see in the sky? Thank God for our amazing universe. Wherever we are in the world we all live under the same sky.

