

Sports Day

Sports Day is a fun day where children do lots of sporting activities at school and families come to watch.

It is usually on the school field or playground in May, June or July.

Competition Time

- It might just be for fun.
- You might score points and earn a:

trophy



rosette



medal



Sporting Activities

Every school chooses their own sporting activities or races for Sports Day, such as...



running race



obstacle race



skipping



three-legged race



dressing up



mini-hurdles



sack race



relay race



space hopper race



bat and ball race



egg and spoon race

Questions

1. Where does Sports Day happen?

- at home
- at school
- at the park

2. When is Sports Day?

- May, June or July
- Saturday, Sunday or Monday
- January, February or March

3. What could you win?

- a book, a poster or pen
- a T-shirt, jumper or hat
- a rosette, trophy or medal

4. Do schools get to choose their own sports activities?

- yes
- no

5. **Tick two:** Races that might be included are...

- three-legged
- maths and English
- egg and spoon
- drawing