My Home Learning Timetable *Here is an example*

Put in your start time and finish times. Don’t forget to give yourself a break and lunchtime!

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| Day/Time | 9.00 – 10.00 | 10.00 -10,30 | 11.00-12.00 | 12.00 – 1.00 | 1.00-200 | 2.00-3.00 |
| Monday | Look at assignments and other tasks. Talk with mum and dad and plan what you will do this week | PE or exercise – perhaps Jo Wicks | Literacy assignment | Lunch and play (outside if weather nice) | Numeracy Assignment | A Glow activity |
| 10.30-11.00Read a book and have a snack |
| Tuesday | Literacy Assignment | Glow or Life Skill Task | Practise a hobby or watch something on BBC Bitesize | Lunch and go for a walk | Numeracy Assignment | RE or HWB task |
| 10.30-11.00Read a book and have a snack |
| Wednesday | Start the day with exercise | Complete literacy tasks or choose a literacy from grid | Do something creative | Lunch and play (outside if weather nice) | Try a science activity | Download a free book from the library or Oxford Owl |
| Thursday | Complete Numeracy and maths tasks | Check work over with mum or dad.watch something on BBC Bitesize | Choose own hobby or area of interest to develop | Lunch and go for a walk | Make up your own spelling or mental test/ Play a board game | Choose a glow task |
| Friday | Start the day with exercise | Upload completed tasks and check in on the chat | Life Skills list | Lunch and chill | RE or HWB task | Quiet reading hour |