

# Lent



# Virtual Journey

Monday

# Children's Liturgy



## Children's Liturgy

1ST SUNDAY OF LENT

[BeingCatholic.org](http://BeingCatholic.org)

Being  
Catholic  
Bringing Church Home

Monday

# Children's Liturgy



Today we hear how Satan Tempted Jesus.  
BUT Jesus Resisted each Time.

Jesus Then went on To spread The Good News  
of God.

Create a Tweet (240 Letters only including spaces)  
about what you have Learned in Today's Gospel .

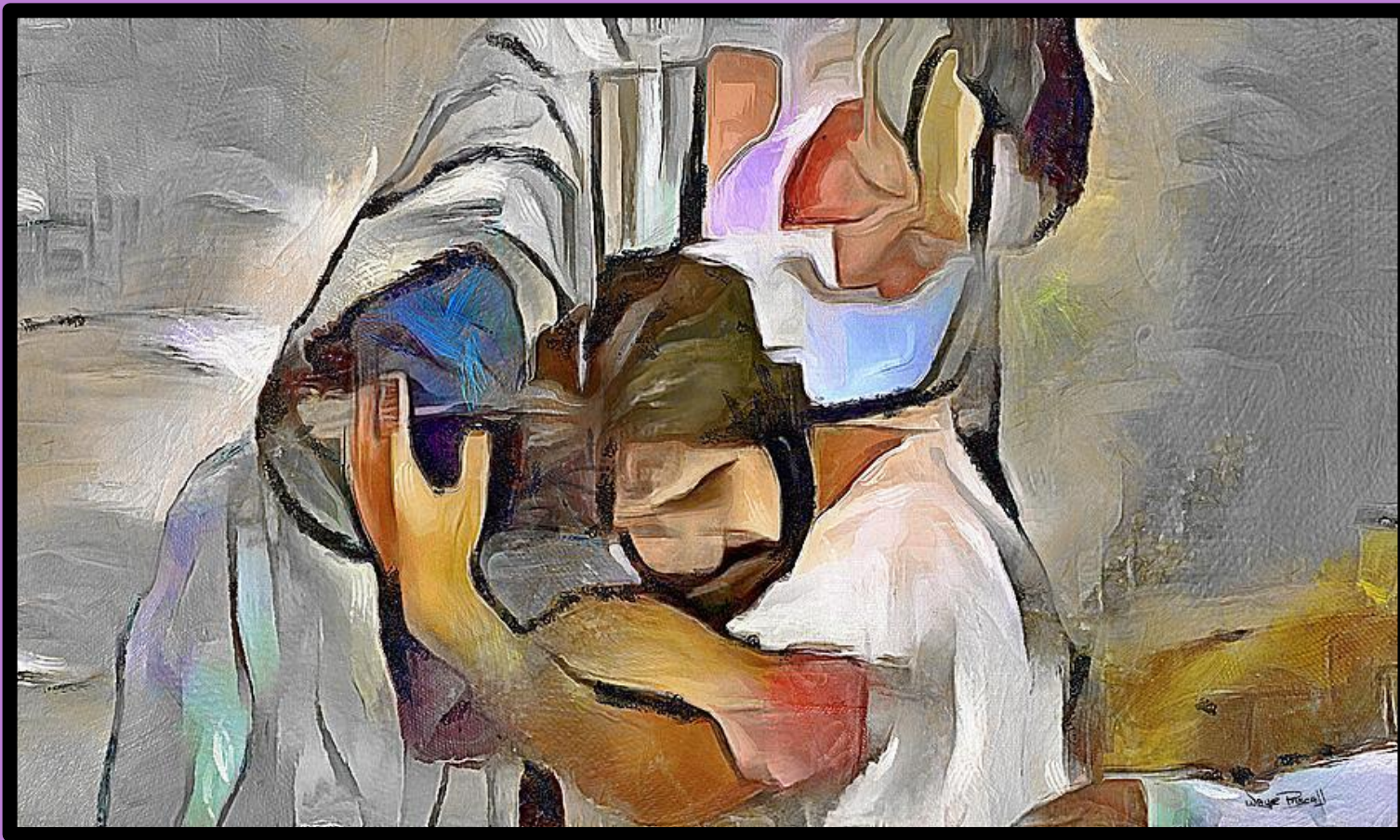
Monday

# Children's Liturgy



Tuesday

# Father & Son



Tuesday

# I See, I Think, I Wonder

I See	I Think	I Wonder

Complete the table above. Include all of the things you see, think and wonder about the last slide.

What do you see? What do you think is happening? And what do you wonder about the painting?

Tuesday

# The Prodigal Son

The painting is named Prodigal Son and was painted by Wayne Pascall. The painting shows the Son coming back to his Father.

*Click on the image to hear the story of the Prodigal Son.*



Wednesday

# Forgiveness

Yesterday, we heard the story of the Prodigal Son and how he came back to his Father.

Sometimes we might not feel close to God and or haven't spoken to him in a while through prayer.

Click on the I'm sorry label to take part a short prayer to ask for forgiveness.



**i'm sorry.**

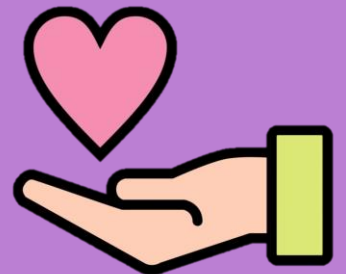


Wednesday

# Forgiveness



*Take time to reflect on this past week. Is there anything you can think of that you would ask for forgiveness for?  
Draw a heart and write down something you are sorry for.  
You can keep this to yourself or give to someone you want to ask for forgiveness from.*



Wednesday

# Act of Contrition



O my God,  
  
Because you are so good.  
I am very sorry I have sinned  
against you.  
  
With the help of Your grace, I'll try  
not to sin again.  
  
Amen.



Thursday

# Sacrament of Reconciliation

click me



How do I go to Confession?

Thursday

# Sacrament of Reconciliation



Create a leaflet to explain to someone how to go to Confession.

What do they need to do? Where do they go? Who do they speak to? What prayers do they say?

Fold an A4 piece of paper in half. This will create a small leaflet for you to explain how to receive the Sacrament of Reconciliation.

Thursday

# Quote of the Day

"The Lord never tires of forgiving. It is we who tire of asking for forgiveness." – Pope Francis



Friday

# Stations of the Cross

Every Friday of Lent we remember the pain of Jesus.

The Stations of the Cross reminds us of each step he took on his way to be crucified. Listen to the story of each station. You might have heard the story before of Jesus being betrayed and then arrested and crucified. Have a listen and see if you can learn something new today about the story.

*\*\*Click on the image on the next page*

Friday

# Stations of the Cross



Friday

# Stations of the Cross

We don't know for certain how far Jesus walked with the cross. From the Garden of Gethsemane to the tomb is roughly 1.5km.

As part of your daily exercise, go a walk with an adult. Aim to walk 1 and a half kilometres. Reflect on the Stations of the Cross as you do this and think about how far Jesus had to walk and also carry the cross.

Would this have been an easy task?



Friday

# Prayer

O my Jesus, forgive us our sins,  
save us from the fires of hell, and  
lead all souls to Heaven, especially  
those in most need of Your Mercy



Saturday

# The 10 Commandments



God gives Moses the 10 commandments.  
Listen to the story by clicking on Moses.

MARTIN

Saturday

# The 10 Commandments

The 10 Commandments were a set of rules given to Moses from God on Mount Sinai. They were to be given to the Israelites to show them how to obey God.

When we go to Confession we can reflect on the 10 commandments and think about whether or not we have obeyed them. This is called an examination of Conscience. This helps us to prepare for the Sacrament of Reconciliation.

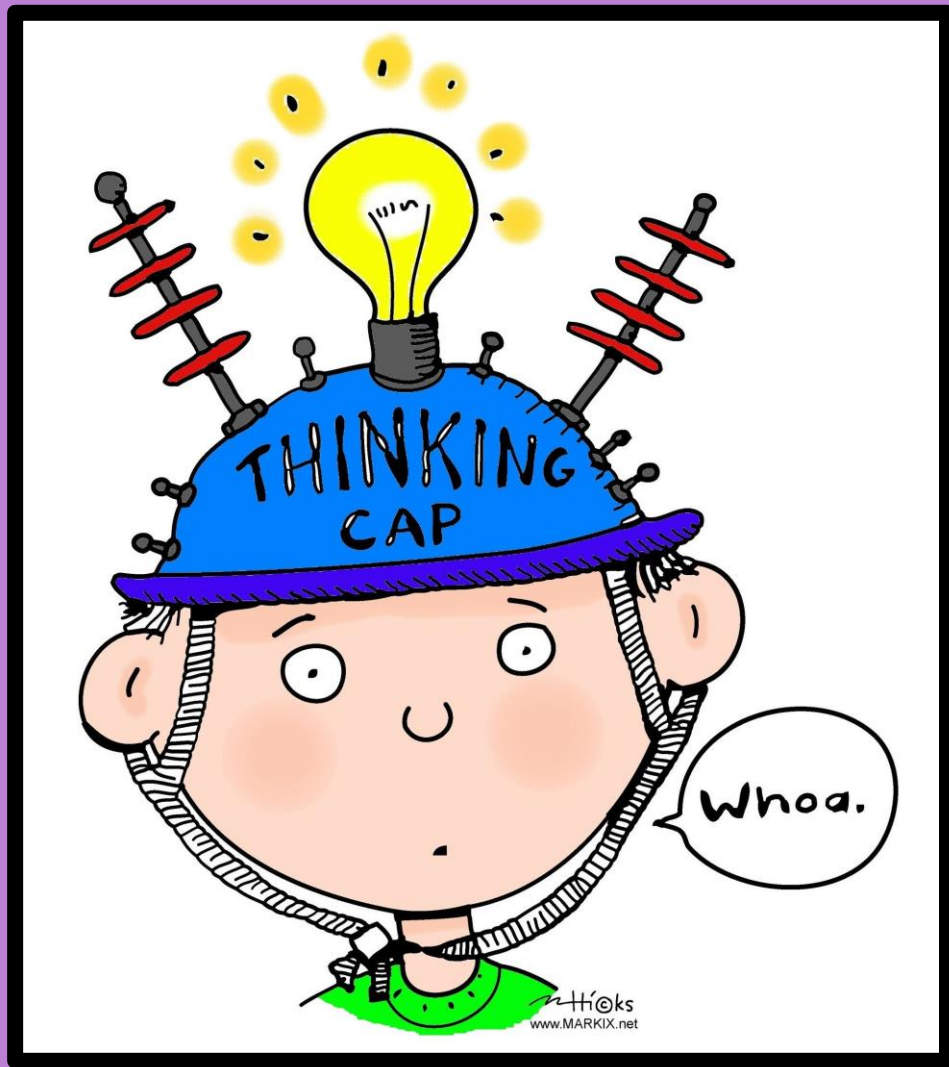


Saturday

# Examination of Conscience

Take time to reflect on the commandments  
Have you...

1. ... prayed to God every day?
2. ... used the words "God" or "Jesus" in anger or with lack of respect?
3. ... gone to Mass on Sunday in person or online?
4. ... hurt someone else?
5. ... taken something that isn't yours?
6. ... told a lie?
7. ... wanted something someone else had?
8. ... done what your parents have asked?
9. ... included everyone?
10. ... shared with other people?



Sunday

# Sunday Mass

If you can, go to Mass this Sunday. Spend time with God in prayer with your local community. Thank God for all he has given you.

If you are unable to go to Mass due to restrictions just now, watch Mass online with your family. Take this time to thank God for all he has given you.

*Click the image to watch Mass.*

