## What is expected of Parishes?

Parish priests are asked to:

- · lead a short enrolment service in the parish
- encourage young parishioners by endorsing the faith actions which they will choose
- · appoint a parish co-ordinator for the Faith Award
- encourage parishioners to support the young people involved
- ensure the monitoring of faith actions undertaken in the parish
- follow guidance from SCES on awarding Parish Commendations.

## What kinds of Faith actions are involved?

The Faith Journal provides many suggestions for Faith actions which are connected to each Gift of the Holy Spirit. These are a few examples.

## Gift of the Holy Spirit



**KNOWLEDGE** is the gift of the Holy Spirit that helps us to know ourselves, God and the world around us. It more than just facts.

Knowledge is our map to know where our faith is leading us and what our Church is about.



- Share some knowledge about a special interest or hobby.
- Join the discussions at Children's Liturgy to share your knowledge with younger children.
- Speak to a member of a Parish group eg., Legion of Mary, Readers to learn about their work.



**REVERENCE** is the gift of the Holy Spirit that helps us to have a deep sense of respect for God and the Church. Without Reverence we can't have knowledge. It teaches

us to treat our fragile world gently, including our friends & family. Reverence helps us to pray with trust and respect and to see God in everything around us.

- At Mass, take part in the prayers /responses with respect and join in the singing of hymns.
- Receive Communion respectfully and answer "Amen" clearly.
- Each night, give thanks to God for your life and for opportunities to grow.



WISDOM is the gift of the Holy Spirit that helps us to love God and spiritual things more than material things. It shines a light on God's plan in our lives and in the world.

Wisdom helps us to say, "I understand how to love."

- Set a good example of behaviour to younger children (and those who are older).
- Speak to your family after a service to let them know what you have learned about God today.
- Examine your conscience carefully before Confession.

## Gift of the Holy Spirit



**COURAGE** is the gift of the Holy Spirit that helps us to be confident and say that we are disciples of Jesus. A person with Courage has the strength to stand up for what

is right, even if it means being unpopular. Courage gives us the strength and stamina to walk out into the world and feel prepared.



- Listen to your conscience and act on your convictions by raising money for a charity or writing a letter to support a good cause.
- Don't be distracted by the bad behaviour of others.
- Go to Confession often and be honest in admitting your mistakes.



WONDER AND AWE is the gift of the Holy Spirit that helps us become aware of the glory and majesty of God. Wonder and Awe is the beginning of Wisdom because it helps us see

that God is the Father Almighty, Creator of Heaven and Farth.

- Share with someone all the good and wonderful things about a friend of a member of your family.
- Make a poster to illustrate these words: "See, he makes all things new".
- Learn more about the signs & symbols used in liturgy in your parish eg., water, light, oils.



RIGHT JUDGEMENT With this gift, we know the difference between right and wrong, and we choose to do what is right. A person with Right Judgement avoids sin

and lives their life in the way taught by Jesus.

- Agree your contribution to certain chores and take responsibility for doing these without the need to be reminded.
- Make a card or write a note for an elderly or sick person - relative, neighbour, parishioner and send it or take it to them.
- Speak to the priest about how best to help out in the parish.



**UNDERSTANDING** helps us to have an insight into what God is asking us to do and how we should live our lives. With Understanding, being a disciple of Jesus is always

refreshing and life-giving to ourselves and others. Understanding is letting the Word of God have room in our lives.

- Use your pocket money to contribute to collections for those in need.
- Notice when your brothers and sisters/ friends behave well in Church and compliment them.
- Look through your toys and books and fill a bag for the charity shop.

