

How Many Minutes To/Past A Time? Mental Strategies

Complete the daily exercises to focus on improving this skill.

Day 1		
Q	Question	Answer
1	20:08 is how many	
	minutes after 19:40?	28
2	3:44 am is how many	
	minutes after 3:20 am?	24
3	03:24 is how many	
	minutes after 03:06?	18
4	From 07:27, how many	
	minutes until 07:29?	2
5	10:33 pm is how many	
	minutes after 10:15 pm?	18
6	From 08:00, how many	
	minutes until 08:24?	24
7	From 9:18 am, how many	
	minutes until 9:26 am?	8
8	5:15 am is how many	
	minutes after 5:07 am?	8
9	1:17 pm is how many	
	minutes after 1:05 pm?	12
10	5:15 am is how many	
	minutes after 5:07 am?	8

Day 2		
Q	Question	Answer
1	From 10:58, how many	
	minutes until 11:23?	25
2	10:52 pm is how many	
	minutes after 10:48 pm?	4
3	From 2:55 am, how many	
	minutes until 2:56 am?	1
4	6:26 am is how many	
	minutes after 6:12 am?	14
5	9:12 am is how many	
	minutes after 8:32 am?	40
6	From 13:08, how many	
	minutes until 13:31?	23
7	From 1:35 pm, how many	
	minutes until 2:06 pm?	31
8	7:15 pm is how many	
	minutes after 6:50 pm?	25
9	From 02:33, how many	
	minutes until 03:24?	51
10	From 2:37 am, how many	
	minutes until 3:16 am?	39

