

## No cook recipe



## Greek Salad Pitta Sandwich

Preparation: 10 minutes Serves 4, costs under £3

## Ingredients

- 4 pitta breads
- 2 tablespoons olive oil (20g)
- 1 lemon
- 140g feta cheese
- 2 tomatoes (medium sized)
- 1 yellow pepper
- 1 piece cucumber (approx. 2 inches long)

## Method

- 1. Mix the olive oil and the juice of the lemon together in a bowl.
- 2. Wash the tomatoes, pepper and cucumber and chop into small pieces.
- 3. Cut the feta cheese into small chunks.
- 4. Add the tomatoes, pepper, cucumber and feta to the bowl and mix.
- 5. Open the pitta breads, transfer the salad mixture to the pitta breads using a slotted spoon, and serve.

Top Tip:

Use their favourite salad vegetables and make this possible.

Allergy Disclaimer: Always check the label of each ingredient for allergen information.