## MAVISBANK SCHOOL

## Policy on Eating & Drinking

## Rationale:

It is the policy of the school that all snack and mealtimes for orally fed, gastrostomy fed pupils, will be organised and conducted in such a way as to provide a nutritionally appropriate, safe, sociable and pleasurable experience for each child.

## Delivery:

- 1. Each child will be initially assessed for eating and drinking difficulties over a period of time. This will be carried out primarily by the Speech & Language Therapists in liaison with class staff, but where appropriate will include the school's multi-disciplinary team and child's own parents and dietician.
- 2. Staff training will be provided by Speech & Language Therapists qualified in Eating and Drinking.
- a) New staff will be given initial training and support until trainers and staff feel confident.
- b) Every staff member when trained will be given a Handbook in Eating & Drinking which contains guidelines and procedures which must be adhered to.
- c) Class staff will share any changes in pupils' eating and drinking skills with the Speech & Language Therapist for further consideration
- 3. Seating & Positioning advice will be provided by the child's Occupational Therapist in liaison with the Speech & Language therapist
- 4. Each pupil will have his/her own Eating & Drinking profile advising on:
- a) Positioning
- b) Textures and Consistency
- c) Crockery / utensils
- d) Likes/Dislikes
- e) Any additional considerations

5 Targets for Eating & Drinking will be set for appropriate pupils and worked towards on a daily basis both at snack and lunchtimes.

These will be updated as appropriate by the Class Teachers in liaison with the Speech & Language Therapist.

**Resources**: Speech & Language Therapist (training & guidance)

Medical Personnel

Occupational Therapists

Parents Dietician

Physiotherapist

Class staff

Reviewed: John Lochrie, Eileen McDonnell, Jacqueline Cairney

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