

Our Ref:
 Your Ref:
 Contact: Mrs Lynne Brennan
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 Date: 23 August 2016



Learning & Leisure Services
www.northlanarkshire.gov.uk
Head Teacher
 Lynne Brennan
Holytown Primary School & Nursery Class
 Willow Grove
 Holytown
 MOTHERWELL
 ML1 4SR

Physical Education, Physical Activity and Sport

Dear Parents and Guardians,

In line with Scottish Government Guidelines your child receives 2 hours Physical Education (PE) per week in school. Within Holytown Primary School this takes the format of 2x50 minute sessions in the gym hall and 1x30 minute session outdoors.

Your child's PE sessions will take place on the following days;

<u>Class</u>	<u>Indoor 1</u>	<u>Indoor 2</u>	<u>Outdoor</u>
Room 1 – Miss Kane	Wednesday	Thursday	Friday
Room 2 – Mrs Bosco/Mrs Bland	Tuesday	Friday	Thursday
Room 3 – Miss Fotheringham	Tuesday	Thursday	Monday
Room 4 – Mrs Muir	Monday	Thursday	Tuesday
Room 5 – Mrs Barnstaple/Mrs Watson	Monday	Thursday	Wednesday
Room 6 – Mrs Canavan	Tuesday	Wednesday	Monday
Room 7 – Mrs O'Donnell	Tuesday	Wednesday	Monday
Room 8 – Mrs Gow	Tuesday	Friday	Monday
Room 9 – Miss Galt	Wednesday	Friday	Monday
Room 11 – Mr Stein	Monday	Thursday	TBC
Room 12 – Mrs Campbell	Monday	Wednesday	Tuesday

Please note all children must take part in PE sessions, unless excused by a Doctor's note or other suitable line, or after discussion with the Head Teacher.

For indoor activities, pupils must wear shorts, plain t-shirt and gym shoes. For gymnastics and dance pupils should be in bare feet or gym shoes.

For outdoor activities pupils should also wear a tracksuit or jogging bottoms and sweatshirt, extra socks and **outdoor** trainers.

Please note pupils are not permitted to wear football colours, inc shirts and shorts, or any jewellery to PE. **In previous years some children have taken part in PE wearing earrings covered with surgical tape. Unfortunately this does not eliminate the risk of tearing the ear. We therefore request that if earrings cannot be removed that you letter your child's teacher stating you are happy, knowing the risks, for your child to take part in PE wearing earrings.**

Yours sincerely,

Lynne Brennan
 Head Teacher

Education, Skills & Youth Employment, Civic Centre, Windmillhill Street, Motherwell ML1 1AB

