**Am I showing self control?**

A red and white stop sign

AI-generated content may be incorrect. Stop what you’re doing.

A yellow sign with black text

AI-generated content may be incorrect. Think about what you are doing.

A yellow light bulb with a smile

AI-generated content may be incorrect.Decide if it makes things better or worse.

Cartoon a cartoon of a child and child giving thumbs up

AI-generated content may be incorrect.Make the best decision.