

P1 Home Learning Plan WB: 11.05.20

This weeks focus is Goldilocks and the three bears

Literacy	Numeracy/Maths	Health & Wellbeing	Other Areas
Can you think of any words that rhyme with <u>pin</u> . Write them in your jotter and draw pictures to match.	Log on to sumdog and complete the challenges set by Mrs Roberton and Miss Hendry.	BODY COACH Start your days with Joe Wick's live HIIT session at 9am on YouTube.	Your topic this term is Traditional Tales. Read or watch the story of 'Goldilocks and the three pigs' on YouTube. https://www.youtube.com/watch?v=0oUP2PFeOi8
Log on to Oxford Owl search for the book The king and his wish. Try to read the book by yourself or listen to the audio. Activity 1 – Word detectives. Read the book again and search for the word 'get' everytime you read this word write it in your jotter! Count how many words you found at the end! Activity 2 – Beginning, Middle, End. Write a sentence about what happens at the beginning of the story, the middle and the end in your jotter.	MEASUREMENT Find straws, laces or pieces of string around the house. Cut them into different lengths. Can you find the longest? Can you find the shortest? Put all the strings in order from shortest to longest.	WELLBEING JAR Use a jar/tub and fill it with things you would like to do in the future. Everytime you think of something to look forward to in the future, write it on a piece of paper and pop it into your jar. You will soon fill your jar with lots of great activities for when this is all over. (See image on the following page for instructions)	ROAD SAFETY When you're out your daily walk, try to remember some of the road safety rules we have been learning this year. Can you spot any zig zag lines? Explain to an adult what these are for. You can also look out for, zebra crossings, yellow lines and road signs. Take some pictures on your walk and remind us all of how important these things are!
Give a member of your family a spelling test using 10 of your spelling words, you should choose the 10 words! See how many they can get right? Now you take a spelling test and try to beat their score!	NUMBER CHALLENGE Ask an adult to give you ten numbers, you can choose between 0-20 or even higher, up to 50 or challenge yourself to 100! Write them down in order, from smallest to largest or largest to smallest.	Facetime or phone a relative you haven't seen in a while to check how they are doing. Tell them what you've been up to with your family.	Can you find items in your house that begin with every letter of the alphabet place them in alphabetical order. Take a picture to share with us on Twitter!
Choose a picture and write about it. Remember your capital letters, full stops, finger spaces and letter formation!	DAYS OF THE WEEK Listen and learn the days of the week song on Youtube: https://www.youtube.com/watch?v=mXMofxtDPUQ&vl=en MONTHS OF THE YEAR Listen and learn the months of the year song on Youtube: https://www.youtube.com/watch?v=Fe9bnYRzFvk	Go to www.discoveryeducation.co.uk and choose espresso login. Pupil username: student13908 Password: g690ja Click on Early Level and then Physical development. Click on Food. 4. Explore and see if you can learn anything new.	CONSTRUCTION Use lego or Duplo to build beds or chairs for the bears. Remember there is daddy bear, mummy bear and baby bear so make sure your chairs or beds are in size order!
WRITING Write a set of instructions on how to make a sandwich. Don't forget to use your bossy words: First, Next, Then, Finally.	Complete the following subtraction sums in your jotter: $9-1= 7-2= 10-2= 7-0= 9-0= 8-2= 6-6= 6-1= 8-8= 9-2=$	COOKING With some adult support try to make some porridge just like the three bears did, you could add something extra, banana, honey, syrup or strawberries.	IMAGINATIVE Imagine the 3 bears have came to visit your house. Set up a teddy bear picnic and enjoy!

Wellbeing Craft - Things to Look Forward To Jar

Use these craft instructions to create your own wellbeing jar. Having things to look forward to can make you feel happier and improve your wellbeing. Each time you think of something you would like to do in the future, write it on a piece of paper and place it inside your decorated jor.

You will need:

- glass or plastic jar sticky label or strip of paper
- · tissue paper or coloured paper
- paintbrush
- · pencil
- white glue
- paper to record the things you are looking forward to

Instructions



Cut shapes out of the colourful paper or tissue paper.



Write a label for your jar. You could write 'Things to Look Forward To'.



Use the paintbrush to put some glue onto the jar.



You can use white glue to paint over the top of the shopes on your jar and the label. This will give it a nice, shiny effect.



Stick the poper shopes carefully onto the jar.



Once dry, your jar is ready to use. Write things that you are looking forward to an pieces of paper and place them. into your decorated jar.





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