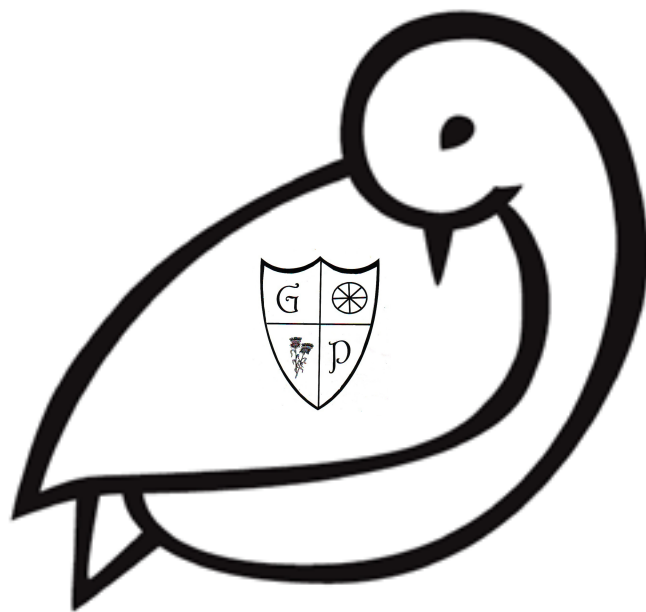


# Restorative Practice

at Glenmanor Primary School



**A Pupil's Guide**

Dear Pupil,

Thank you for agreeing to take part in a restorative meeting. You have taken the first positive step in making things better. Well done. 😊

This meeting will be led by a facilitator, usually the Head Teacher or Depute Head Teacher and the ground rules for our meeting are ~

- To listen when someone else is talking.
- Wait for your turn to speak, you will get a chance.
- You can explain how you have been affected
- You can ask questions
- Be involved in finding a way forward.

Please read through the next 3 pages to prepare you for the meeting. The 5 magic questions will be asked by the facilitator at the meeting and the next 2 pages gives you some ideas of what you may need to move forward at the end of the meeting.

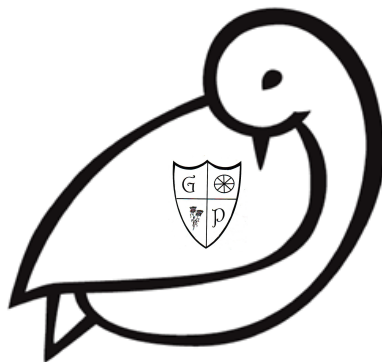
I look forward to meeting with you soon.

Mrs Barrington

# Restorative Meeting

## The 5 Magic Questions

1. What happened?
2. What were you thinking?
3. How were you feeling?
4. Who else has been affected by this?
5. What do you need, and what needs to happen now, so that the harm can be repaired?



# What do I need when I've been harmed?

- An apology
- An empathetic listener
- Amends made
- The other person to understand what has upset me
- To be respected
- To be allowed to have emotion
- Support and positive reinforcement
- Reassurance it won't happen again
- To draw a line underneath it



## What do I need when I've harmed someone else?

- To apologise
- Someone to talk to
- Time to put things right
- To make it up to them
- A chance to explain to other person and myself
- To feel better about it and about myself
- To be forgiven
- To reassure them/myself it won't happen again
- To get back on friendly terms

