



Glenboig Primary School

Celebrating Sport



#glenboigforgold

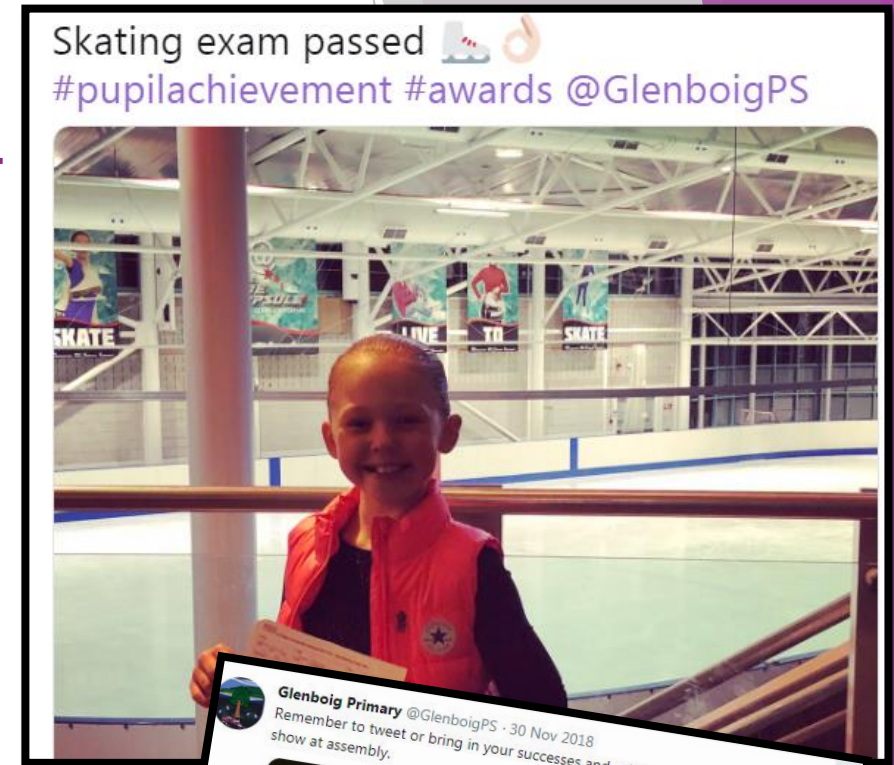
Successes & Achievements



Pupils at Glenboig Primary are encouraged to share their successes and achievements with the school and wider community. We encourage parents to tweet or email photographs and/or videos and they are shared at assemblies for everyone to see.

We encourage pupils to bring in certificates, medals and trophies to share with the whole school at assemblies.

The pupil's photograph is taken and put on our wall display. Pupils are also awarded house points for sharing their successes and achievements.



Successes and Achievements Wall



The pupils photographs are framed and displayed on the wall in the main entrance corridor for everyone to see.

P7 Award



At the end of the year, a sporting award goes to a P7 pupil for their dedication to sport throughout their time at school. Their name is engraved on the award and they keep a hold of it for the year then hand it back to school. They are also given a small engraved award to keep.

Adults Celebrating Sport

At Glenboig Primary we encourage our staff and parents to share their successes and achievements too. Our mission is to instil a healthy and active ethos within the school therefore, we believe it is important that adults get involved by being positive role models.



Glenboig Primary
@GlenboigPS

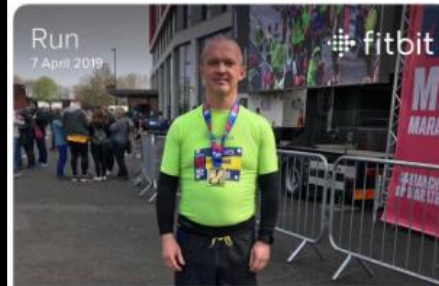
Workout Wednesdays for the teaching staff. Teachers are going for gold.
#glenboigforgold



Manus McFadden
@OriginalFaddy

Another one in the bag. Slow and steady. A lot of cramp from mile 19 onwards due to not enough training. Happy, tired and sore. Homeward bound.

#ManchesterMarathon
#Glenboigforgold
@GlenboigPS



Cat Calvert
@cat300

Following

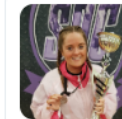
@livenlearnuk Jen I'm still going!!! Week 4 completed 🏃💪 @GlenboigPS
#neverthoughticould #growthmindset
#challenge #glenboigforgold #c25k
#dreambigworkhardshinebright #wettrainers



WEEK 4

Glenboig Primary
@GlenboigPS

We always knew our staff are superstars but now we have evidence! Well done Mrs McGowan 🙌🏆👏 #glenboigforgold
@NLActiveSchools @sportscotland



Mrs McGowan @MrsGMcGowan
1st place for my dancing team at our latest competition.
@GlenboigPS #glenboigforgold

4:54 AM - 12 May 2019 from Westerwood, Scotland

7 Likes



7



Family Involvement

CAN YOU HELP?

Do you have a passion for sport? Would you be able to commit to a small block of time either after school or during lunch time? Parent Club Leaders help us to significantly increase the number of clubs we can offer to the children.

In our Sports Newsletter we have reached out to parents and other family members to volunteer to take an extra-curricular club.



Grandpa Iain regularly volunteers at sporting events.

Mrs Doig kindly offered to volunteer following our notice in the Sports Newsletter and now takes a Boccia club on a Friday lunchtime.



Beatson Cancer Charity

Staff and families of Glenboig Primary participated in the 'Off the Beatson Track' 10k walk in August 2018.

Then in May 2019 parents joined the pupils for a 5k on our school pitch to raise more funds for the Beatson Cancer Charity.



Glasgow Rocks V Manchester Giants

In March pupils who attend the basketball clubs in our school were invited to attend the Glasgow Rocks verses Manchester Giants basketball game. Afterwards the pupils had the opportunity to take part in a question and answer session with Kieron Achara, Glasgow Rocks captain and meet the rest of the team and shoot some hoops on the court.



Athletics Event May 2019



Mrs Pettigrew and Mrs McGowan organised an athletics event for pupils to take part in during health week. This was a non competitive event, the children were split into their house groups and experienced a series of athletic activities such as standing long jump, javelin, discus and 60m sprint.

Health Week

During our Health Week the pupils had the opportunity to take part in dance, cheerleading, basketball, yoga, bike ability, CPR, sports research, athletics and fielding games. The activities were provided by teaching staff, support staff, parents and volunteers.



Kieron Achara visit

We invited Kieron Achara the Glasgow Rocks captain along to speak to the children about his successes and achievements in sport.

Prior to the visit the pupils researched Kieron Achara and interesting facts about him. We created welcoming displays and retirement messages for him to see.

When he was at our assembly he talked about his journey into basketball, how he failed and worked harder to get better. He talked about having a positive mindset and focus.

One of our primary one pupils even challenged him to a shoot out.



Kieron Achara visit

<https://drive.google.com/uc?id=1RtZztlci2BZcDk5PeQ87FMxyrcl078Ym&export=download>

This is a video made by Carla Jenkins from Thatstv documenting our Kieron Achara visit. She interviewed Kieron Achara, the head teacher, Mrs McGowan and lots of the pupils.

Rocks Classic Match

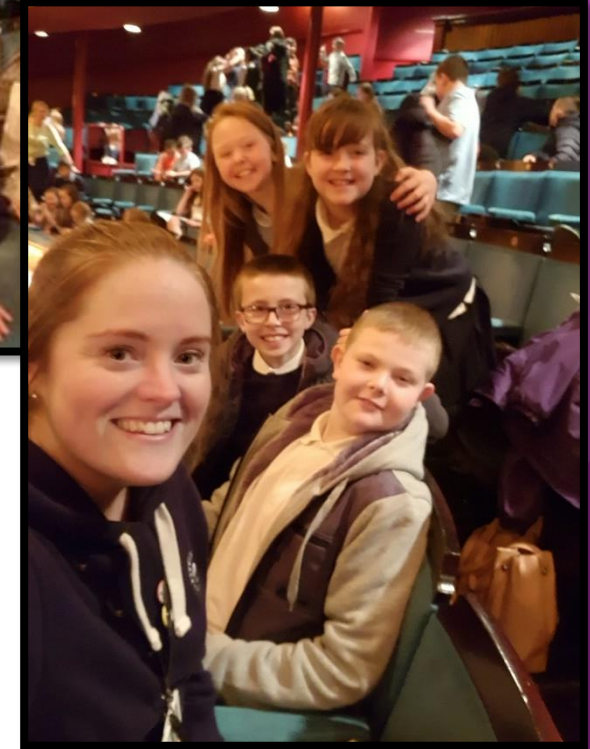
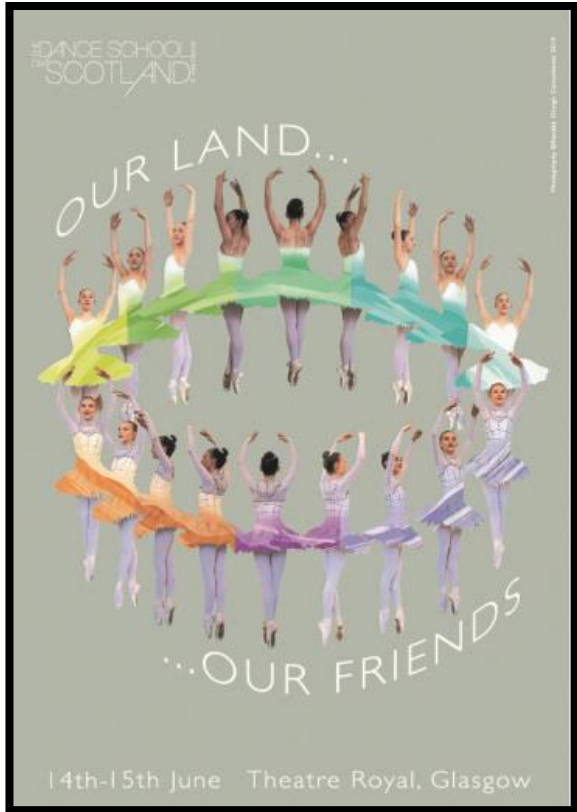
Pupils and their families were invited along to attend the Rocks Classic Match in aid of Glasgow Children's Hospital Charity. A bus organised by the school left from Glenboig Primary and took everyone to Ravenraig Sports Facility. A total of 83 people attended.



18 of our pupils had the amazing opportunity to be child mascots for 'Team White' at the beginning of the match.



The Dance School of Scotland Show



The Dance Troop and Glee Choir attended the annual show of The Dance School of Scotland at the Theatre Royal in Glasgow. The show was inspiring and the children were amazed at the technique and skills of every dancer.

Staff V Pupils Basketball Game

To celebrate the girls basketball afterschool club coming to an end, the staff challenged the club to a game of basketball. A 4 v 4 match took place and both the staff and pupils thoroughly enjoyed it. The girls were team white and the staff were team black.



Competitions



We encourage all of our pupils to get involved in competitions. We have won the Archie Floss Challenge and two of our pupils won sporting items by taking part in the Fuel Zone competitions in school.

Competitions

The Sports Committee have launched two competitions this year that encourages the pupils and their families to be active during school holidays. Both competitions were popular and children enjoyed taking part.



Sports Committee Bingo

Our Sports Committee Bingo sheet is designed to encourage our pupils and their families to participate in sport & physical activity in and around the community. Once you have completed a challenge on our bingo sheet cross it off and write the completed date on it. The Sports Committee will collect the bingo sheet in on Friday 31st of May.

You will receive house points for the completion of challenges -

10 house points for 1 challenge

50 house points for a line

100 house points for a 'full house'

Tweet us your progress using the hashtag [#glenboigforgold](https://twitter.com/glenboigforgold) to [@glenboigps](https://twitter.com/glenboigps)

<p><u>Daily Mile</u></p> <p>Participate in the Daily Mile with your family.</p> <p>Visit www.dailymile.co.uk for more information.</p>	<p><u>School Twitter</u></p> <p>Ask someone at home to create a Twitter account and keep us updated on your progress by sending Tweets to @glenboigps and include #glenboigforgold in your tweets.</p>	<p><u>Sporting Hero</u></p> <p>Write a biography about your sporting hero and hand it in with your bingo card.</p> <p>Who is your sporting hero and how do they inspire you?</p>	<p><u>Wheels</u></p> <p>Go out on your bike, scooter, skateboard or roller skates.</p> <p>Why not try the BMX track at Broadwood Stadium?</p>
<p><u>Swimming</u></p> <p>Go to your local swimming pool or try somewhere new. There are many swimming pools in North Lanarkshire.</p> <p>Check out www.nlleisure.co.uk for more details.</p>	<p><u>Park</u></p> <p>Go to the park and play with your friends.</p> <p>Why not try the new outdoor gym or make a challenge for your friend?</p>	<p><u>Family Walk</u></p> <p>Go for a long walk with your family.</p> <p>Use the following website for some suggestions of country walks.</p> <p>www.walkhighlands.co.uk</p>	<p><u>Ball Skills</u></p> <p>Use a football or basketball.</p> <p>How many keeptie ups or dribbles can you do?</p> <p>Record your best score?</p> <p>_____</p>

Sports Newsletters

Our newsletters inform parents of the sporting activities that pupils have taken part in, what extra-curricular activities are on in the school and shares recent sporting successes.

GLENBOIG PRIMARY SPORTS NEWSLETTER

ISSUE NO 2 | JUNE 2019 |

DREAM BIG, WORK HARD, SHINE BRIGHT

We had a superb visit from Kieran Achara. The whole school was mesmerised by his talk. It was really interesting to hear how a boy from Strling became the captain of Glasgow Rocks, Scotland and Great Britain basketball teams. Kieran was very

inspirational and gave our boys and girls a very positive message about working hard and bouncing back from difficult situations. We then held a question and answer session where children found out about what motivated him, who his best friend was (his wife) and who his inspiration was (his mum) - what a great role model. Finally Kieran shot some hoops with one of our P1s. Over and above this Kieran was blown away by the Glenboig welcome and the work that the pupils had done whilst researching him prior to his visit.

Do you know a person the staff would like to be able to contribute to a small block of time either after school or during lunch. Please email: clara.p@glboig.nhs.uk to significantly increase the number of clubs we start over the children.

Claire P.E. days

Club	Days
P1/2	Wed & Fri
P3/4	Wed & Thurs
P5/6	Mon & Wed
P7/8	Wed & Fri
P9/10	Mon & Fri
P11/12	Wed & Fri

Please email your club name appropriate P.E. at all their days, no members or contact for the club.

School Sports Clubs

Below are the details of our clubs we have had during lunch time and after school for this term. If your child has a suggestion of a club they would like to have at school then please let the school know. Our Pupil Council and Sports Committee are asked for feedback on the clubs children would like to have. Children can speak to their reps on these groups or to a staff member directly and we will do our best to provide coverage.



Monday	Tuesday	Wednesday	Thursday	Friday
Slee Group P4-7 12.30pm-1pm Community Room	Dance P1-3 3pm-4pm Dining Hall	Karate P3 12.30pm-1pm Gym Hall	Playground Games P1-3 12.30pm-1pm Playground	Rugby P2-6 12.30pm-1pm Gym Hall
Badminton P4-7 3pm-4pm Gym Hall	Athletics P4-7 3pm-4pm Pitch	Cross Country P5-7 3pm-4pm Pitch Joint Campus	Sports Karate P4-6 3pm-4pm Dining Hall	Basketball P4-7 3pm-4pm Gym Hall
		Lady Rocks Basketball P4-7 Girls Only 3pm-4pm Gym Hall	Football P5-7 3pm-4pm Football Pitch	

Recent Sporting Successes

At Glenboig we celebrate all successes outside of school. If your child experiences sporting success we invite them to bring it in to school, talk about it at assembly or have their picture taken for the wall display.

Cross Country

G24 attended NLC's cross country competition in May. The children had a great time and Zach P4 came 9th out of 200. Well done Zach! This was their first attempt at 800m and they all did very well.



Twitter

For sporting updates please follow our school twitter account and our hashtag.

@glenboigps **#glenboigtorgold**

Parents' & Pupil Sport Survey

Thank you all so much for taking part in the sports survey, the feedback has been extremely helpful and we have already acted on some of it. 97% of children say that they like PE, and 97% of parents report that their children like PE. 64% of children have taken part in a competition or sports festival with the school and 90% of parents are happy with the amount of physical exercise their children get in school. We also learned that 81% of children attend sports activities out of school. As a result of feedback we are trying to incorporate clubs that meet at recess, we have incorporated more body movement in class using resources such as go noodge and cosmic yoga. We have also completed a fresh audit of our sports equipment, paid for repair where needed and bought some new equipment as requested.

School Clubs

We had 70% of pupils take part in clubs from October – December. Our aim is for the next term was a minimum of 75% uptake and we smashed past it—76% of children took part in sports clubs which is great and takes us past the target for the gold award. We are now looking to increase that to 80%.

Rocks Classic Match

We were so proud at the response to the Rocks Classic Match. In the end we took 83 people to the match at Ravenscraig and raised a total of £304 for the Glasgow Children's Hospital Charity. It was a super family day out and a great game of football. Our own Coach Anderson was playing too, the children loved supporting his team who went on to win the game, fifteen of our children were match mascots, running out onto the court with players, again another exciting opportunity which built confidence. At the end of the game the children were invited onto the court where they met all of the players & got autographs and we all so proud of how our children conducted themselves and joined in to build atmosphere. Coach Anderson was delighted with the support from the school and sent heartfelt thanks.

New School Member

Our links with Glasgow Rocks continue as we temporarily ended the school's involvement in Glenbidge Primary. We needed a substitute for Rocky, the mascot, and the team at Glasgow Rocks were happy to oblige. Rocky said he had a great time of the show, he wishes he could stay but apparently the Rocks need him, I'm sure we'll catch up with him at a game soon. Thanks must go to Coach Anderson for organising this for us.

Basketball Team

Our Basketball Team are now fully kitted out with a lovely strip. The girls played at a tournament this year wearing their own clothes. We thought if the football team have a cup, why not the basketball team. These are unisex so can be worn by all and double up as tops for athletic competitors. Again, a huge thanks to Coach Anderson for sourcing these for us.

P7 Rugby Tournament

P7 had a great day out at Waysiders Drumpeller RFC with our cluster schools. Coalbridge High School of Rugby organised a festival for all children transferring to secondary in August.

The children enjoyed trying a new sport with one signing up to the School of Rugby next year. The children also got a chance to see the Pro 14s trophy. We must say a big thanks to Mrs Rutherford and Grandpa Ian for taking them.




Beacons 5k

As part of Health Week our pupils challenged themselves to run 5k in aid of the Beacons Cancer Charity. We were delighted that so many parents came along to take part in this event—we did our bit. A total of £ was raised. Thank you very much for supporting this event.



Insanity

Insanity, our dance troop are excited to be heading to watch the Dance School of Scotland's end of year show. This is an important part of celebrating sport. The children will learn from watching others and hopefully be inspired to continue with their learning, which in turn aids achievement.



Sports Participation

The school ran a sports based competition over the Easter holidays where we asked parents to tweet pictures of children doing sports activities. We had a great response to this and the sports committee had a really difficult time choosing a winner in the end. Marlie from P6 won a £10 JD sports voucher. We are sure she'll put it to good use, well done Marlie. Although there can only be one winner we are delighted with the number of children taking part in sporting activities out with school. Many of our children enjoyed taking part in our 'Bank Holiday Sports Bingo' and children were delighted to earn house points for their effort. We believe it is important to educate children in choosing healthy lifestyles whether competitive or not.



Staff Setting a Good Example

With all of the sport that is going on in the school the staff have decided to set a good example and tweet some of their activities in doing so we believe we are showing the children that healthy lifestyle choices should continue into adulthood. Mrs Calvert would also like to thank Lewis in P6 who helped her to start running. "I never thought I could do it! 6 weeks on I'm now covering 4km distances." So, it's not always the staff who inspire the pupils—our children can set us good examples too.




Sports Day Part 1



Sports day is split in to two parts. First we have class races, one for boys and one for girls. We also have a staff race, this year we had a two-legged race. We don't invite any parents along to this part of the day, it is just for the staff and pupils. Archie the NLC Active Schools mascot also came along to support the pupils.

Sports Day Part 2



In the afternoon, we invited the parents along to support the pupils taking part in a series of potted sports. We had 8 teams in total ranging from P1-P7 and our theme for this year was NBA teams. Each staff member had a station and the pupils worked their way round the stations gaining points for completing the sports activity at each station. Medals are given out to the winning team, this year it was the Toronto Raptors.



Sports Day - Beat the Goalie



We like to include parents as much as we can during sports day. Every year we have dads volunteer to be the goalie for beat the goalie. We thank them by giving them ice poles at the end of the session.