



**NEW
COLLEGE
LANARKSHIRE**

Bringing Education Closer

Sport & Physical Activity



It has never been easier to turn your passion for sport and fitness into a career with New College Lanarkshire.

With a wide range of courses on offer, taught by our highly experienced staff from our prime Sport and Fitness campuses at Motherwell and Broadwood, these courses will help build your skills for this dynamic industry. Courses available from Level 4 to HND, with progress routes to degree level at University of West of Scotland.

Active IQ Level 2

Certificate in Fitness Instructing – Gym

SCQF Level 4

Access to Sport and Fitness

SCQF Level 5

NQ Football Performance

NQ Sport and Fitness

NQ Female Football Performance

SCQF Level 6

NQ Higher Sport and Fitness

NQ Higher Football Performance

SCQF Level 7

HNC Fitness, Health and Exercise

HNC Football Performance and Coaching

HNC Health Fitness Exercise & Football

HNC Next Gen Physical Activity and Health

HNC Sports Coaching and Development

HNC Sports Coaching and Development with Motherwell FC

HNC Rangers Soccer Academy Coaching Programme

HNC Coaching and Developing Sport – Rugby with Scottish Rugby Union (SRU)

SCQF Level 8

HND Fitness Health and Exercise

HND Next Gen Physical Activity and Health

HND Sports Coaching and Development



To find out more about our wide range of courses and to apply, **scan the QR code.**

SCAN ME