

Dear Parent/Carers

In conjunction with *respectme*, Scotland's anti-bullying service parents and carers are invited to attend two forthcoming workshops being held across regional venues.

Online safety: This interactive and hands on workshop lasting two hours will explore a range of important issues related to navigating the ever changing online world safely. The event will focus on:

- How young people use technology- the risks/challenges
- Popular social media apps- the pros and cons
- Practical advice on parental controls, privacy and safety settings with an opportunity to explore your own social media settings
- Talking to your children about keeping safe online

Responding to Bullying: This 90 minute workshop is designed to:

- Increase your awareness of bullying behaviour
- The different ways you can respond if your child is being bullied, or is involved in the bullying of others.
- How you can work together with your school to provide effective support for children and young people.

These regional events will take place on the following dates:

27 March 2018, Edinburgh City Centre:

Online Safety – 10.00am- 12.00pm
Responding to Bullying - 1.00pm – 2.30pm

18 April 2018, Ayr City Centre

Online Safety – 10.00am- 12.00pm
Responding to Bullying - 1.00pm – 2.30pm

26 April 2018, Stirling

Online Safety – 10.00am- 12.00pm
Responding to Bullying - 1.00pm – 2.30pm

19 April 2018, Glasgow City Centre

Responding to Bullying – 10.00am- 12.00pm
Online Safety – 1.30pm – 3.30pm

24 April 2018, Coatbridge

Online Safety only – 6.30pm – 8.30pm

2 May 2018, Dundee City Centre

Online Safety – 10.00am- 12.00pm
Responding to Bullying - 1.00pm – 2.30pm

3 May 2018, Aberdeen City Centre

Online Safety – 10.00am- 12.00pm
Responding to Bullying - 1.00pm – 2.30pm

Places are limited so places must be reserved by contacting enquiries@respectme.org.uk