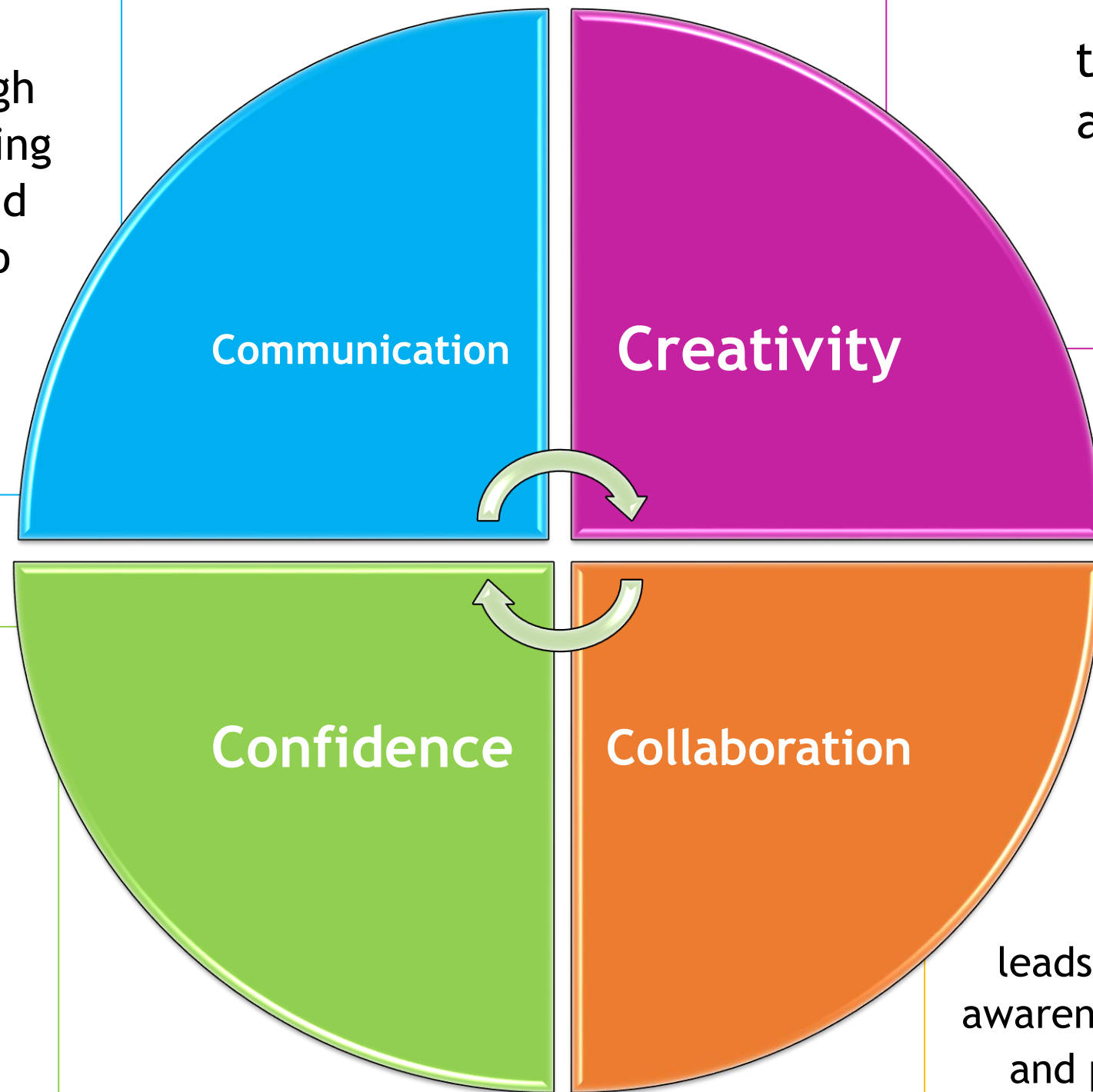


Health & Wellbeing



Working in PSHE encourages good communication. I develop my skills through group discussion, listening to informed opinions and developing my ability to make choices which link my skills with my aspirations.

A range of learning & teaching styles in PSHE allows opportunities to present my learning through discussion, writing & illustration.

Through PSHE, I reflect on my personal achievements and experiences. This develops my confidence to make decisions about my future.

Group work in PSHE encourages my problem solving, team work and leadership skills. Self & team evaluation leads to progression and self-awareness in applying knowledge and planning for the future.

**P
S
H
E**

Relationships & Parenthood

Mental, Emotional & Social Wellbeing

Planning for Choices & Changes

Substance Awareness

Developing Scotland's Young Workforce