

Coronavirus, or COVID-19, is an illness that can cause fever, coughing, and not feeling well if you catch it.

Children and young people usually don't get too sick if they catch Coronavirus.

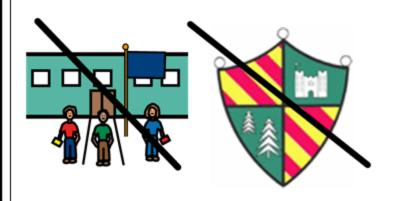
Coronavirus is a new type of flu.



I have to stay off school for a while.

My teacher will give me work to do at home.

An adult will let me know when I can go back to school.

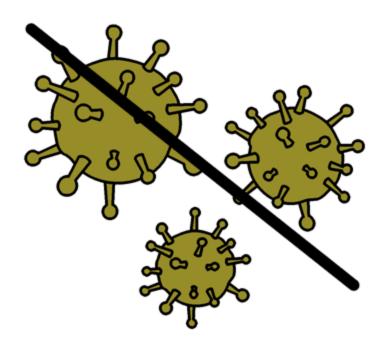


We may have to avoid places and things we usually do during this time.

But this is all to help us stay healthy. We will find fun things to do at home, instead!



I can do some things to help stop germs spreading.





Wash my hands for 20 seconds or use hand sanitizer.



Cover my cough or sneeze.

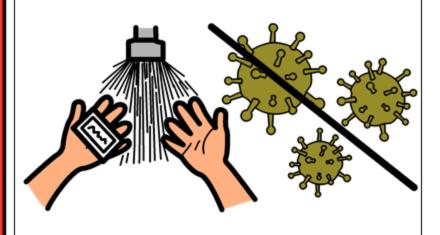


Tell a grown up if I feel unwell.



It is also important to wash my hands often with soap and water.

This will help to stop germs spreading.



I can wash my hands

Before I eat my food.



After I sneeze, cough, blow my nose or touch



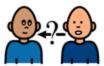
After I have been to the toilet.

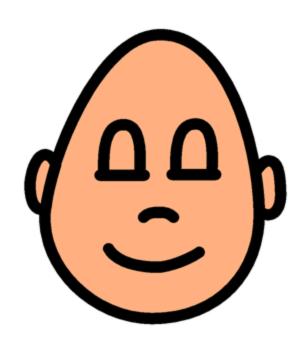


It's important to remember to not be scared.

I can ask an adult questions about Coronavirus.

Just like other types of flu, Coronavirus will go away soon.





I will keep safe.