

# HOPE for Autism



## *Current support services*

Virtual Coffee Morning for parents & carers, Mondays, 10.30am (open to non-members)

Autism Support Telephone Helpline, Tuesdays and Thursdays, 1pm to 3pm, (open to non-members)

Girl's Only Online Group, Thursdays, 11am, (members only)

Virtual Special Interest Groups (members only):

Fitness (Mondays)

Twitch Thursdays (Gaming)

Dance (Fridays)

Family Quiz Night (Friday)

Virtual webinars for parent/carers & professional, (open to non-members)

For more information call 01236 779191