

Our Ref:  
Your Ref:  
Contact:  
Tel: 01236 632110  
E-mail: enquiries@cumbernauld-pri.n-lanark.sch.uk  
Date: 18/1/21



**Education and Families**

Ed Clinton  
Head Teacher  
Cumbernauld Primary School  
Eastfield Road  
Cumbernauld G68 0EB  
[www.northlanarkshire.gov.uk](http://www.northlanarkshire.gov.uk)

Dear Parent/Carer,

**Welcome to Week 2 of Remote Learning 2021.**

Please allow me to say thank you to all those parents and carers who have been involved in home learning last week. We have been very impressed by the high level of engagement (90%+) and work completed by the children- a huge thanks for your support in this. Thank you also to everyone who has taken the time to send in emails of thanks to the staff- these have been very much appreciated.

Recently the weather has not been ideal and you may have multiple workloads between your children and your own to manage, but please try and aim to get outdoors, even if it is just for a short period of time. Thirty minutes outdoors each day is shown to reduce stress and improve our wellbeing. This is true for children and adults alike.

At present, I know this is easier said than done but do try and ensure you still have time for some fun each day. It is important for you and your child. Please try to do something that makes you smile and laugh to help you feel happier and calmer and keep that strong relationship you have with your child.

We know that change can be difficult but we recognise how fortunate we are to have such a great community of positive and resilient pupils, parents and carers. We are working with you to ensure that both the remote education and the in school provision is as effective as it can be. Thank you so much for all your support of your children's education and of our school. I hope that you, and your family remain safe and well whilst balancing the challenges of school work and home life.

As always, if we can be of any assistance to you, please do not hesitate to contact us at the school.

Stay safe and take care of yourselves and each other.

With kind regards,

Ed Clinton  
Head Teacher

