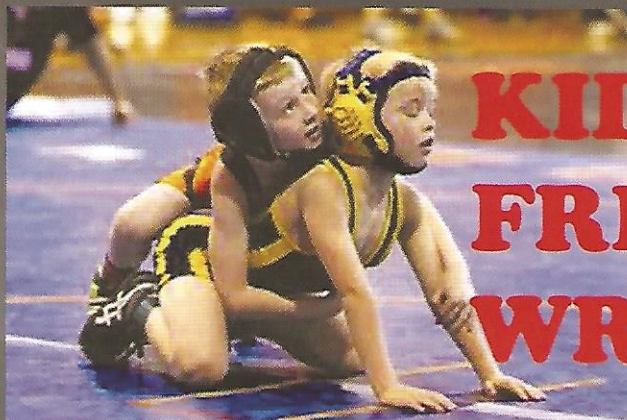


TRYST LIONS WRESTLING CLUB

Tryst
sports centre



KIDS FREESTYLE WRESTLING

Tuesday 7pm - 8pm (6-11yrs)

Tuesday 8pm - 9.30pm (12yrs & Over)

Thursday 7pm - 8pm (6-11yrs)

Thursday 8pm - 9.30pm (12yrs & Over)

**Come along, learn new skills and have
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Tryst Walk, Cumbernauld

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