# Condorrat Primary School

## Bun Sgoil Chondobhrait



## Anti-Bullying Policy

## Poileasaidh Ana Maoidheadh

'Promoting wisdom, well-being, achievement, heritage and aspirations'

'ag àrdachadh gliocas, maith dhaoine, ionnsachadh, dualchas agus miann'

#### Rationale.

Bullying in school can only be effectively dealt with if parents, teachers and pupils work together to find a solution. It is necessary to acknowledge that bullying does exist and is a problem common to all schools. It should therefore consistently be given a high profile within the school, where an open, caring and responsive climate should be created.

#### **Aims**

- 1 To develop awareness that bullying is unacceptable.
- 2 To develop a shared view of bullying.
- To encourage a climate of openness and a listening culture.
- 4 To work in partnership with parents to minimise bullying.
- 5 To develop a range of strategies to deal with bullying.
- To engender a sense of shared responsibility among pupils.
- 7 To eliminate bullying from our school.

#### **Identifying Bullying**

**Bullying is a persistent, intentional abuse of power to hurt**. It is not always purely physical. The more serious bullying is usually verbal, social or emotional in nature. It can manifest itself in any of the following ways:

- ripping
- name calling
- • ignoring
- pushing
- licking
- a talking about
- • hitting

The class teacher should involve the silent majority by making pupils aware that there are no innocent bystanders.

#### **The Role of the Management**

To work with staff to create a caring and supportive ethos throughout the school by:

- of fostering a whole school approach to bullying
- promoting the partnership between parents and school
- usupporting class teachers in their efforts to deal with bullying
- ensuring that both victim and bully are counselled and supported
- applying sanctions where deemed necessary
- holding an assembly based on the issue of bullying at the start of every session

### **The Role of the Teacher**

To support children in order to both prevent and deal with bullying by:

- discussing bullying and its effects on a regular basis (the first week of each term would seem an appropriate time)
- taking steps to avoid allowing or encouraging bullying in their own interaction with pupils
- fostering an atmosphere conductive to pupils confiding their problems
- being aware of and defusing potential situations before they escalate
- encouraging pupils to report bullying
- taking action or advice where necessary
- monitoring and recording incidences of bullying
- reporting serious or persistent problems to management

#### The Role of the Support Staff

Classroom Assistants, ASNAs & the Janitor should:

- observe and monitor the childrens' behaviour while outside the classroom
- intervene to defuse incidents
- report incidents which give rise to concern

#### The clerical staff should:

- provide a channel of communication through which bullying could be reported
- support the children
- report any incidents of bullying to appropriate teaching staff

#### Procedures for dealing with bullying

- 1 Give children strategies to report bullying without fear of recrimination.
- 2 Record incidents of bullying which have been established. (Appendix 1)
- 3 Support the victim and counsel the bully.
- 4 Report all incidents of bullying to DHT or HT.
- 5 Discuss consequences of their actions with children and make the bullies accountable.
- 6 Involve parents where necessary and enlist their support and cooperation in resolving the situation.
- In extreme cases where no satisfactory outcome can be reached at school level, the authority can be involved.

#### **The Role of the Parents**

Parents should support their children by:

- letting them know they are pleased they have been told
- believing them
- telling them it's not their fault and their parents are sorry it has happened
- helping them to express any feeling of anger
- reporting repeated or serious incidents to the school
- allowing the school sufficient time to deal with the matter bullying can be complex and difficult to solve
- co-operating with the efforts of the school in dealing with the problem

#### **Strategies of Children**

When bullying is being discussed advice should be given to children about how to react to and deal with bullies and bullying:

#### Children should try to:

- stay calm and look confident
- stay with friends
- pretend they don't care
- tell someone, a friend, teacher, parent, their house teacher, a member of the office staff, janitor, classroom assistant, depute head or head teacher
- keep in control and try not to worry
- tell his class council member
- tell peer mediators
- use circle time to tell

It is important that the victim talks about the incident

Children should be aware that they should not:

- Blame themselves
- Think like a victim
- Put themselves at risk
- Show they are upset

### **No Hitting Policy**

In the school's efforts to minimise incidents of bullying, it must be stated that any form of physical retaliation is unacceptable. The drawbacks of hitting back are:

- ı it can lead to escalation of the situation
- ı it can cause injury
- ıt can make it more difficult to establish who is at fault
- ı it encourages violence
- ı it undermine all efforts to develop self-control

The only acceptable approach is to encourage children to defend themselves by using the strategies already outlined.

## Appendix 1

## **Bullying Log.**

Date:
Staff Member Involved:
Children Involved:
Outline of Incident:
Member of Management Team Involved:
Action Taken: