

Exam is split into 2 components:

- Question paper- 60 marks- 50%
- Assignment- 60 marks- 50%

Higher Health and Food Technology carries equal weighting to all other Higher qualifications for University Admissions.

Higher Health and Food Technology

Made up of 3 main units:

- Contemporary food issues.
- Food product development.
- Food for health.

For the assignment pupils will be given a design brief where they will research, make and evaluate.

Pupils will need to obtain Nat 5 English at an A or B.

Theory based subject with some practical work to enhance learning.

Possible career paths:

Teacher (HE, PE, Primary), Food scientist, personal trainer, sports coaching. dietitian, environmental health officer, health sector (nursing, dentistry) and food product development.