



Megan Love

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## Coatbridge High School

### Future Fridays Enrichment Afternoon 1.00-2.45pm

Our offer: 1st October - 17th December 2021

Please note that this offer of activities will be added to as other activities become available.

To sign-up for an activity, please complete **one** of the below links:

**Parent/carer link:**

[https://docs.google.com/forms/d/10ZqQX-0tgEMBI2KV-2\\_syqRD-qX2qgKt\\_yZfeWOOzE/edit](https://docs.google.com/forms/d/10ZqQX-0tgEMBI2KV-2_syqRD-qX2qgKt_yZfeWOOzE/edit)

**Pupil link:**

[https://forms.office.com/Pages/DesignPage.aspx?auth\\_pvr=OrgId&auth\\_upn=nllovem%40glow.sch.uk&lang=en-GB&origin=OfficeDotCom&route=Start#FormId=oyzTzM4Wj0KVQTctawUZKYO-wCcMt11MtLOF2vEKMOxUN0VTVFpGNloy0EpNSVZOMkc2TTAySVhTOS4u](https://forms.office.com/Pages/DesignPage.aspx?auth_pvr=OrgId&auth_upn=nllovem%40glow.sch.uk&lang=en-GB&origin=OfficeDotCom&route=Start#FormId=oyzTzM4Wj0KVQTctawUZKYO-wCcMt11MtLOF2vEKMOxUN0VTVFpGNloy0EpNSVZOMkc2TTAySVhTOS4u)

## In School Providers:

- **Boys Football S1-3** (Mr McConnell) - Develop your football and team work skills through team training. (Bring water, PE kit, football boots and shin guards)g. (Bring water, PE kit, football boots and shin guards).
- **Rugby S1-6** (Mr Wilson & Coach David McCrae) - Open to School of Rugby pupils and anyone who wishes to give Rugby a try (Bring water, PE kit and rugby boots - a selection of rugby boots can be borrowed if required).
- **Rock School S1-6** (Miss Friary & Miss Fernie) - Would you like to rock out when school's out? Well now is your chance to improve your skill on a rock instrument and rehearse together as a band. Seniors can play along or gain experience of teaching/coaching a musical instrument.

- **Film Club S1-6** (Miss Gilligan, Mrs Dunlop, Mr Welsh & Miss Barrie) Escape into a different world every Friday at Film Club. Reviews written can win up to £20 of Amazon Vouchers from Into Film - just like our S6 pupil Jennifer Gill did!
- **T-Shirt & Hoodie Company S1-6** (Miss Simpson) - Learn about the practical side of running a design business, including producing a t-shirt/hoodie.
- **Podcast Group S1-6** (Mr Kenny, Miss Reid & Miss Wilson) Have you got something to say? Learn how to plan, record and edit your very own podcast from start to finish.
- **School of Dance & Aesthetics** - Open to S1/2 School of Dance & Aesthetics pupils. An excellent opportunity to develop your skills in Dance, Gymnastics and Trampolining. Please bring full PE Kit including dance t-shirt and water. (Sign-up via Miss Duncan, PE)
- **Science Club S1-2** (Mr Wilson) Have you ever wondered how a volcano erupts? Or wanted to launch a rocket right here in Coatbridge? Perhaps you'd like to create your own rainstorm in a jar? If so, then Science club is for you! We will meet fortnightly (from 8th Oct) for S1 and S2 pupils to try out a series of experiments.
- **Young STEM leader Programme S5-6** (Sign up via Miss Bryce, Science) - This programme focuses on the skills, qualities and behaviours of a good leader and how you can act as a positive role model. It also encourages you to consider how you can positively challenge the stereotypes, misconceptions and outdated views that exist in Science, Technology, Engineering and Maths.
- **Career in the spotlight S1-6** (Mr Crumlish & Mr Hunter) Respected professionals from their fields will offer talks, take questions and talk about gaining experience/applying for their professions. This is your chance to hear it from someone who has a wealth of experience. This activity will run on 5th November and 3rd December, careers still to be confirmed and will be advertised on the pupil information team in due course. (Sign-up via Mr Hunter, Music).
- **My world of work S4-6** (Angie Reilly, School Careers Advisor, Skills Development Scotland) This three week course will run from 22nd October-5th November. Are you applying for a part-time/full-time job or college course? This three week course includes interview skills, personal statement advice, careers options, CVs etc.

## Active Schools: in school

- **Girls Football S1-6** (Kirsty, Box Soccer) - Develop your football team work skills through team training. (Bring water, PE kit, football boots and shin guards).
- **Sport Leadership Academy S4** (Emma Lafferty, Senior Sports Development Officer)

North Lanarkshire Council's Active Schools team are supporting the delivery of leadership academies across the authority. The aim is to aid the development of aspiring young coaches by offering training opportunities and a chance to participate in a coaching placement within our team. Young people selected for the programme will receive a personalised development plan including a range of opportunities:

- Access to coach education courses
- Peer learning with other coaches
- Networking opportunities with Active Schools professionals.
- Mentoring and shadowing opportunities

In order to be eligible for the programme, applicants must be in S4 and willing to commit to a programme of volunteering supported by their Active Schools coordinator. This programme will start on Friday 1<sup>st</sup> October at 1:15pm and run for a total of 8 weeks. Apply via this link or contact PE department: [forms.office.com/r/jb4r9mLRVt](https://forms.office.com/r/jb4r9mLRVt)



## New College Lanarkshire: in school

- Theatre Club S1-3 - Build confidence and self-esteem by taking part in Drama activities.
- Introduction to Childcare S3-6 (6 week course ending on 5th November) - This course is for those who are enthusiastic about working as part of a team to support the learning and development of young children.



# Albion Rovers Football Club Coaching and Development S4-6: in school

The sessions will be led by Community Development Officer Laurie McGinley.

Albion Rovers Community Trust have designed a plan for senior pupils to access education and physical activity as part of Future Fridays. The programme will be focussed on peer to peer coaching, participating in football sessions and developing skills that will support pupils in further education. To find out more, there will be a talk from Laurie McGinley in the assembly hall on Wednesday 29th September at 12.50pm.

Pupils will be able to:

- Volunteer with the programmes or with the Youth Teams.
- Learn about different session plans.
- Network with different coaches and sports leaders.
- Work with peers and gain experience in managing success and failures.
- Improve CV for further education.



## Community Learning and Development: outwith school

- Your Rights Programme (Amy Reynolds, Summerlee Museum Media Studio)
- North Lanarkshire Challenge (Robert Owen, Coatbridge Community Centre) - North Lanarkshire Challenge is a structured variable programme of activities, suitable for individuals and groups of young persons between the ages of 8 -14yrs old. The programme started as a pilot project based on the format of the Duke of Edinburgh Award, and as such the recommended reader is the Duke of Edinburgh Award handbook. The awarding body is ASDAN and is moderated by North Lanarkshire Council, Community Learning and Development Youth Work Team

For more information on any of the above, please speak to Miss Love. Transport will be provided.

**NORTH LANARKSHIRE**

**Get involved**  
**YOUR RIGHTS**  
**programme**

**Do you want to be involved in the next big TikTok or have your work on an NLC billboard?**

If you like graphics, media, PR come along and get involved in a new campaign for 'Your Rights'.

**WHEN** 1pm-3pm on Future Fridays  
Introduction 17 Sept, starts 1 Oct

**WHERE** Summerlee Museum Media Studio,  
Coatbridge. Transport will be provided.

**INTERESTED** Email ReynoldsAm@northlan.gov.uk  
Phone or text - 07507 779875

*made by young people, for young people*

**LEARN HERE**

# North Lanarkshire - Free Gym Membership for 11-15 year olds

This amazing new membership will provide free access to any gyms in North Lanarkshire for 11 to 15 year olds from October 2021 until March 2022 in a bid to encourage young people to get active more often. To sign up for this excellent offer please visit: [click here.](#)



## Digital Schools

### Virtual Classroom Future Fridays Challenge

**Offer 1-** The Virtual Classroom Future Fridays Challenge will be updated every 4-5 weeks with will be an independent task that our young people can access at home or in school. 'Ghost Taco Monkey 3' will kick off a series of digital challenges where our young people will be able to show off their creativity and enhance their coding skills. This challenge will introduce the pupils to the concept of game design through the [Microsoft Makecode Arcade](#). To access the challenge pupils should login to the NL Virtual Classroom and click on the Future Fridays tile. The learning overviews and user guides with links to all the tutorials can be found here.

<https://glowscotland.sharepoint.com/sites/NLVirtualClassrooms>

**Offer 2** will involve supporting pupils with their core digital skills such as their core Microsoft Office 365 skills, knowledge of Glow, awareness of National E-learning Offer, Internet Safety, Cyber Security and Digital Footprint. This will begin on the 1<sup>st</sup> October. All information for this can be found in the pupil information team. This will all be carried out virtually though Teams and the codes to join are:

S1-S3 Pupils: **qp6jygf**

S4-S6 Pupils: **0pecfrm**

## Coatbridge Youth Work



# Future Fridays Ambassadors

Congratulations to some of our S5/6 pupils who have taken on a new leadership role as Future Fridays Ambassadors. Let me introduce you to: Hollie Mooney, Jodie Mullen, Hannah Hyland, Lewis Bryce and Chantelle Winslow. Their role involves greeting all staff, distributing activity folders and assisting with the Friday afternoon activities. Any S5/6 pupil who would like to get involved should speak to Miss Love.



## Twitter

Please follow Coatbridge High School Future Fridays Twitter account to keep up to date with the latest activities and pictures/videos @CHSFutureFriday