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**Are you facing redundancy or unemployed?**

Chryston High School has, as part of our core vision, the care of families and our community at its heart. We work with our partners at **Skills Development Scotland (SDS)** to support our young people into employment, through apprenticeships and permanent employment, as well as Further and Higher Education every day.

In the current economic climate, many of our families also face unstable employment opportunities, and very often this includes being made redundant.

We are here to help. Our partners at **SDS** have dedicated resources to help you find employment for the first time, or to get back into employment after a period of redundancy or unemployment.

The first piece of advice we can offer is to sign up on the**My World of Work** website - [**https://www.myworldofwork.co.uk/**](https://www.myworldofwork.co.uk/)**.** You simply register and this site takes you through lots of different supportive stages and strategies.

If you would like to speak with a careers adviser for guidance, to discuss retraining or for support with job seeking, CV or interview support can contact **SDS** via the free redundancy helpline **0800 917 8000**

**PACE (Partnership Action for Continuing Employment)**

Redundancy Support is offered nationally through the **PACE** service. This is a Scottish Government initiative which brings together a range of organisations who each offer services to assist those in a redundancy situation. All services are free and confidential.

The following **PACE** services are available;

* Information on accessing benefits and Jobcentre Plus vacancy service
* Individual Careers Guidance interview to assist in identifying redundancy transition options
* CV and Interview Skills support
* Literacy and numeracy support
* Labour Market Information and job search assistance
* Welfare Rights advice
* Tax & Money advice
* Information on accessing funding and training & learning opportunities
* Information on setting up your own business

The following YouTube link explains the PACE service - [**https://www.youtube.com/watch?v=tQcDSrPEu5Y**](https://www.youtube.com/watch?v=tQcDSrPEu5Y)  
  
**PACE** can offer support online via the My World of Work website at [**https://www.myworldofwork.co.uk/**](https://www.myworldofwork.co.uk/)  
  
Go to the website to see what **PACE** can offer at

**<https://www.myworldofwork.co.uk/how-pace-services-can-support-you>**

You can find out about **benefits** you may be entitled to at

[**https://www.gov.uk/benefits-calculators**](https://www.gov.uk/benefits-calculators)

You may wish to submit a claim for **Universal Credit** at

[**https://www.gov.uk/universal-credit**](https://www.gov.uk/universal-credit)

If you need support making a claim online contact the **Universal Credit**helpline on

**0800 328 5644** or textphone **0800 328 1344.**

If you require support to manage your finances at a time when your income is likely

to be affected by redundancy or uncertainty. Support is available from the

**Money and Pension** service [**https://moneyandpensionsservice.org.uk/**](https://moneyandpensionsservice.org.uk/)

If you wish to reflect on your mental health and wellbeing the **NHS Inform** site is a good signpost of support

[**https://www.nhsinform.scot/healthy-living/mental-wellbeing**](https://www.nhsinform.scot/healthy-living/mental-wellbeing)

**Citizens Advice Bureaux** offer free, confidential advice and support on a wide range of small-scale legal matters. You can find your local office at [**https://www.cas.org.uk/bureaux**](https://www.cas.org.uk/bureaux) or visit their national website at [**https://www.citizensadvice.org.uk/scotland/**](https://www.citizensadvice.org.uk/scotland/)

You can look for **current vacancies** and tailor your search to suit your own needs on the following websites

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| [**My World of Work > Job Hub**](https://www.myworldofwork.co.uk/jobhub) | [**My World of Work > Job Hunting**](https://www.myworldofwork.co.uk/job-hunting) |
| [**My World of Work > Getting a Job**](https://www.myworldofwork.co.uk/getting-a-job) | [**Jobcentre Plus > Contact**](https://www.gov.uk/contact-jobcentre-plus) |

There are lots of supportive resources provided by **SDS**, from creating a CV to practise for interviews. Have a look at the **My World of Work** links below

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| [**CV Building Advice**](https://www.myworldofwork.co.uk/getting-job/building-cv) | [**Application Form Advice**](https://www.myworldofwork.co.uk/application-forms) | [**My Interview Tool**](https://www.myworldofwork.co.uk/myinterviewtool/start) |

You may wish to upskill at this time and there are many free online courses you can apply for at [**https://www.myworldofwork.co.uk/learn-and-train/find-free-online-courses**](https://www.myworldofwork.co.uk/learn-and-train/find-free-online-courses)