Hello,

The following activities are fun, creative and can be done with family and friends.

There are Health & Wellbeing, Topic and Outdoor Learning activities.

There is no set order for these activities, nor is there any expectation to complete them all.

If the children do complete any of these activities – or any other activities you may be doing with them – it would be great to see what they have been doing. You can email me scans, photographs or even videos at:

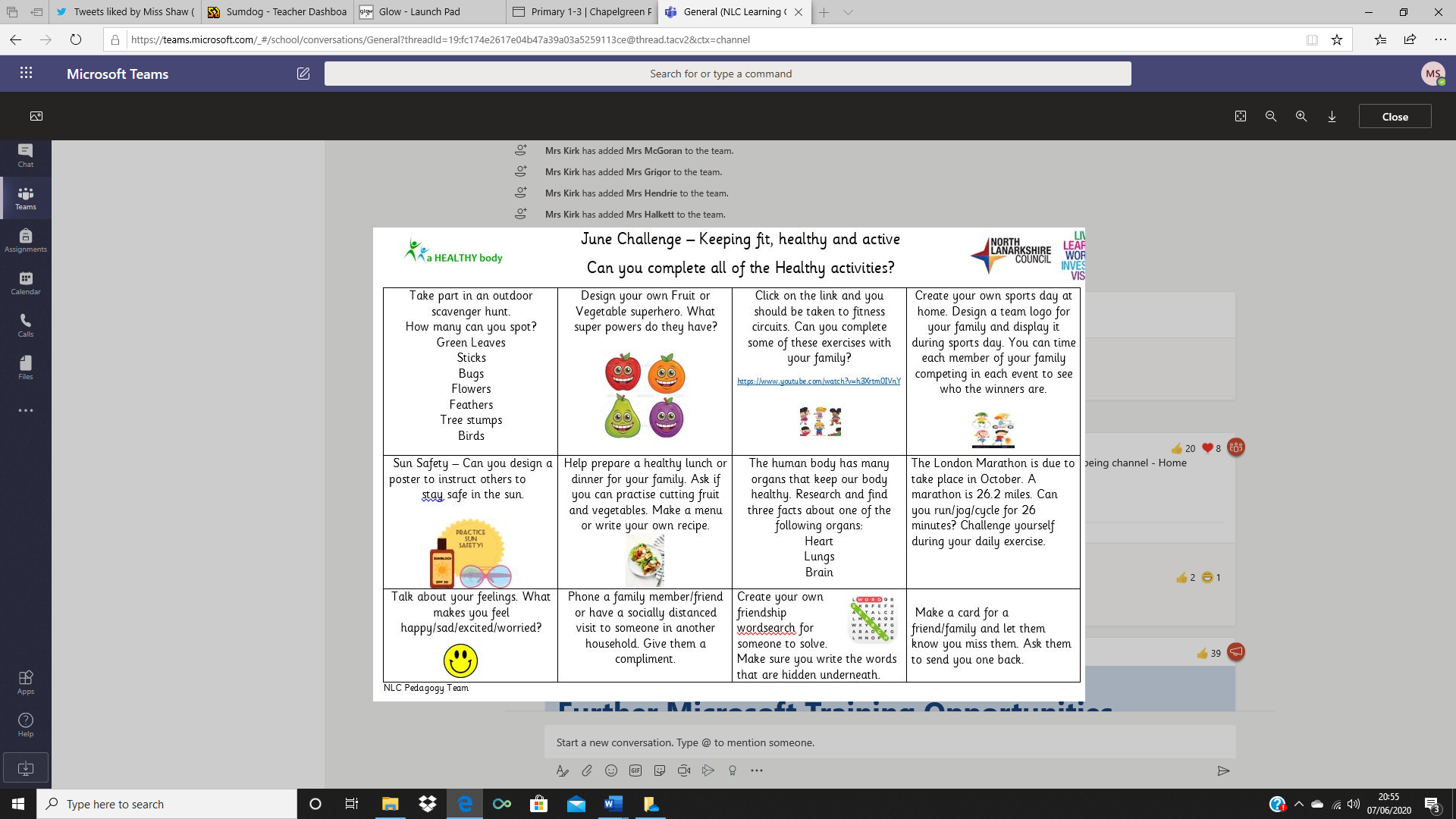
gw18shawmelissa@glow.sch.uk

Thank you!

*Miss Shaw*

**Health and Wellbeing**

**Sports Day**



Some activity ideas:

* Egg and Spoon Race (can use small ping pong balls instead)
* Bean Bag Throw (or you could use something else)
* Relay Race
* Skipping/hopping Race
* Balancing Race – balance a bean bag on your head (for a home made bean bag try a ziplock/ freezer bag and fill it with rice!)
* Three Legged Race

**Science Fun!**

Have a go at creating your own lava lamp!

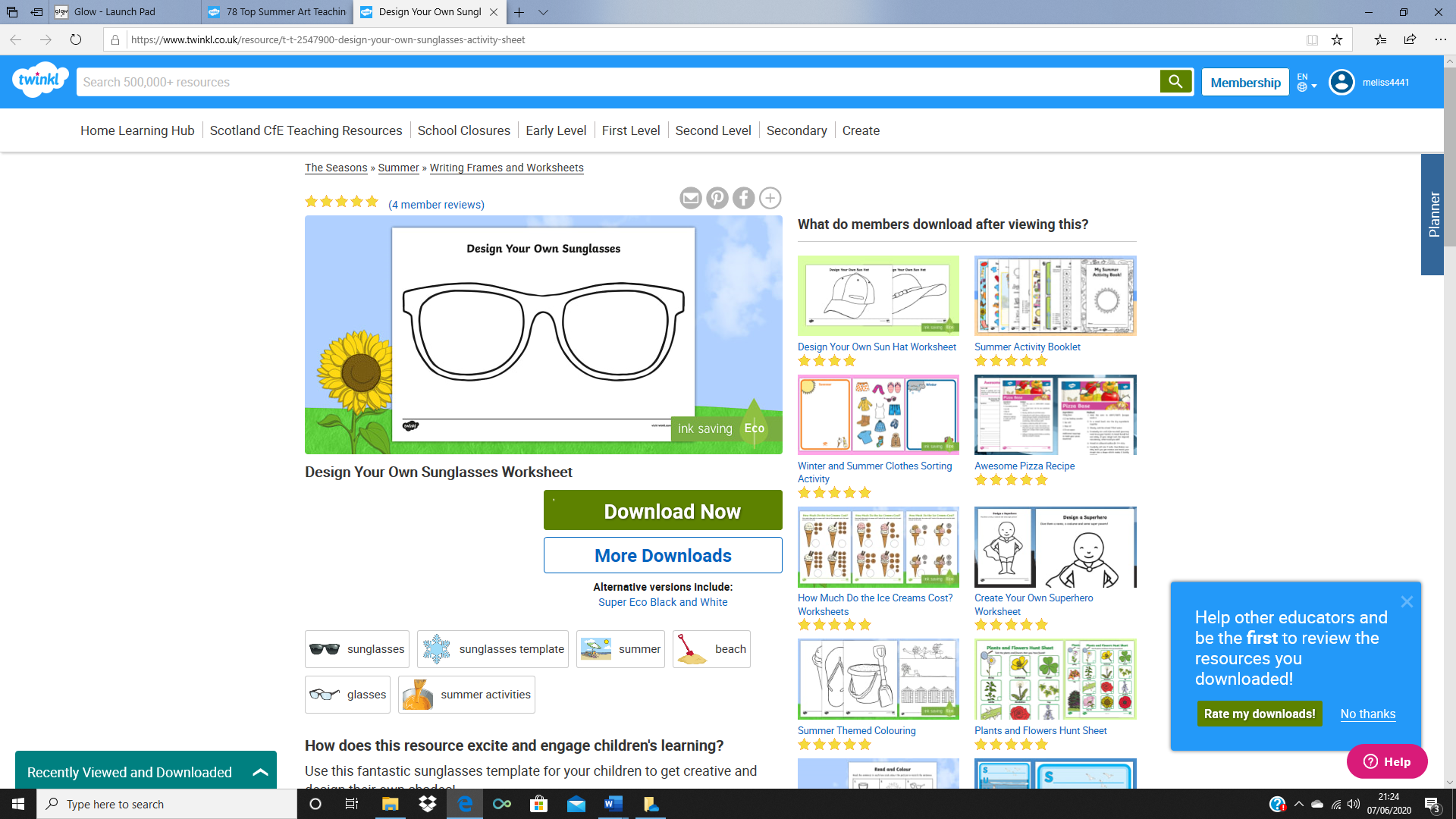


Send in a photo or a video of your lava lamp working!

**Summer Self Portrait!**

Draw a self-portrait (a drawing of yourself) using a mirror to help you!

Then design your own pair of sunglasses, cut them out and stick them on your self-portrait!

Send in a photo of your completed summer self-portrait!