



Carbrain Primary School & Nursery Class  
Spotlight on...

# Educational Psychologist

Caring for Ourselves – Caring for Each Other – Caring for Ourselves

| August 2026

## Raising Awareness Leaflet

*This series of information leaflets aims to increase awareness and understanding among our school community so that we can create a transparent, compassionate and inclusive school community that is reflective of our school values - K Lowe, Head Teacher*



## The Role of the Educational Psychologist in North Lanarkshire Schools (The Why)

Educational Psychologists (EPs) play an important role in supporting children and young people to achieve their potential by applying psychological knowledge to learning, wellbeing, and development. In our schools, EPs work collaboratively with staff, families, and partners to understand and address barriers to learning, promote inclusion, and support positive outcomes for all learners. The value of Educational Psychology lies not only in supporting individual children and young people, but also in helping schools develop effective, evidence-informed approaches that enhance wellbeing, attainment, and participation. Through consultation, collaboration, and capacity building, EPs contribute to creating learning environments where every child can thrive. This understanding of *why* Educational Psychologists are involved in schools provides the foundation for exploring *what* they do in practice.

## Who is our Educational Psychologists?



Hi,

I'm Geraldine Mooney. I am the Educational Psychologist for Carbrain Primary School and Nursery Class

# What is my Job?

I work with children, parents, schools, and other professionals when a child is having difficulties with learning, communication, behaviour, emotions, or friendships.

I might:

- Talk with parents, teachers, and the child
- Observe a child in school or nursery
- Help schools understand a child's needs
- Give advice on how to support learning and wellbeing

I tend to work mostly by supporting parents and teachers rather than seeing children regularly on their own. The goal is to make sure that everyone understands the child's needs and knows how to help them succeed and feel happy at school.

When appropriate supports are in place, pupils with dyslexia are likely to achieve their full academic potential.

# What will happen at our meeting?

After I receive a Request for Assistance from the school leadership team to provide support for a child a consultation meeting will be arranged with me. This is just a conversation and nothing to worry about. Someone from the school who knows your child well will also be there.

I will listen carefully to your worries about your child and ask about what is going well.

I may ask questions about:

- What your child finds difficult
- What helps your child
- What has already been tried at school or at home

By the end of the meeting, we usually agree:

- What your child needs help with
- What might help next
- Whether any follow-up support is needed

# Other useful links/ further information:

Parents and carers seeking further information about Educational Psychology, Additional Support for Learning, or child wellbeing may find the North Lanarkshire Educational Psychology Service, Enquire Scotland, Parentzone Scotland, and NHS Inform valuable sources of advice and support

- [North Lanarkshire Psychological Service | North Lanarkshire Council](#)
- Educational Psychology Service - [INFORMATION FOR PARENTS AND CARERS](#)
- [Enquire - The Scottish advice service for additional support for learning](#)
- [What to do if I think my child needs additional support | Identifying needs and getting support | Additional support | Parentzone Scotland | Education Scotland](#)
- [Children's health and wellbeing | NHS inform](#)