



Calderhead High School



Cost of the School Day 2025-2026

UNCRC (Article 24) 'Children have the right to good quality health care, to clean water, nutritious food and a clean environment, so that they will stay healthy'.

UNCRC (Article 27) 'Children have a right to a standard of living that is good enough to meet their physical and mental needs'.

What is child poverty?

Poverty is understood as 'not having enough' to afford the basic necessities needed for a decent standard of living. In Scotland, a young person is understood to be living in poverty when they are living in a household that earns less than 60% of the average income (average income typically £25,200). **Across Scotland, almost one in four children are officially recognised as living in poverty.**

Pupil Equity Funding

We want every child to have the best chance to succeed, no matter their background. This means removing any barriers that might get in the way of learning and making sure all children feel healthy, happy, and included.

Inclusion isn't just about sitting near other children or completing a worksheet—it's about creating a caring and supportive environment where every child feels valued. We think about the whole child, not just what happens in the classroom. This includes understanding any extra needs they may have, their physical and emotional wellbeing, family circumstances, and cultural background. By doing this, we can give each child the support they need to thrive.

What is Calderhead High School doing to tackle child poverty and increase equity?

Little Shop of Happiness

- We have created a uniform recycling bank to help all families access uniform and reduce waste
- Young people can also access pre-loved clothing
- We provide free sanitary/hygiene products for all pupils

Health and Nutrition

- Breakfast club is on every day to offer a nutritious breakfast to all pupils and this is supported by Greggs
- This year we are creating a foodbank for young people to access and this winter we will deliver food parcels to our families who require support

S1 PE T-Shirts

- PE shirts can be provided in House colours

Technical and Home Economics Money

- The cost of materials and food supplies in technical and Home Economics are covered for all students
- We assist parents to apply for NLC financial inclusion grants/ free school meals/ benefits/ clothing grants

Experiences and attainment

- Clubs are available every day to all pupils.
- School trips are subsidised for identified pupils.
- We provide access to ICT
- All classrooms are equipped with essential learning materials specific to each subject to reduce cost.



Financial support

- We assist parents to apply for NLC financial inclusion grants/ free school meals/ benefits/ clothing grants

Raising Awareness

- Creating a Cost of School Day section on the school website with relevant information and links.
- Introducing poverty-related education into PSE lessons.

Enhanced Transition

- Transition programme to include pupils from families identified as having financial difficulties.

Help and Support

In the first instance please contact your young person's Pupil Support Teacher should you run into any school-related financial problems. All Pupil Support Teachers can be contacted via the school office on 01501 826701

The following information may also be of use:

Financial Support

- DWP – Universal Credit Helpline – 0800 3285644
- NLC Financial Inclusion Team – 01698 332551 or fit@northlan.gov.uk
- Citizens Advice Bureau (Motherwell & Wishaw) – 01698 265349
- Scottish Welfare Fund (SWF) - SWF@northlan.gov.uk or 0300 555 0405

Food and Clothing Support

- Information about clothing grants/free school meals – fsm@northlan.gov.uk
- R:evolve Recycle Clothing Bank – 0141 6415169 or www.revolve-recycle.co.uk
- Calderhead High School Clothing Bank – 01501 826701
- Calderhead High School Food Bank – 01501 826701
- Paul's Parcels – 07922 426585
- Shotts Food bank Foodbank – Salvation Army – 01501 825 532
- Food Co-ops – www.locator.org.uk
- Best Start Food Payments – 0800 182 2222 or www.mygov.scot/best-start-grant

Housing Support

- Shelter Scotland Housing Advice – 0808 800 4444

Alternatively, contact our Tackling Poverty team who can help you to make sure you are getting all the support available to you. Email TPteam@northlan.gov.uk or call 01698 332551.

More advice can also be found on the school website in *the Cost of the School Day*

If you do not have access to the Internet or telephone, please visit your local library, community centre or Citizens Advice Bureau and make use of their free facilities.

How you can help us

Donate items of uniform, PE kit, hygiene products and study materials that you no longer need to allow us to support others. Please drop them off at the school office.



**NLC FREE SCHOOL MEAL &
CLOTHING GRANT FORM**



NLC TACKLING POVERTY TEAM



**NLC FUSION APP - PAY FOR
SCHOOL MEALS**



**CHILD AND ADOLESCENT MENTAL
HEALTH SERVICE**



MENTAL WELLBEING COMMUNITY



YOUNG SCOT CARD