



Calderhead High School Parent Council

Date: 6th November 2024

Time: 18:00

Venue: Calderhead High School Meeting Room

√	Audra McPhee (Chair)	√	John Robertson (Head Teacher)		Maxine Paterson (Staff Rep)	√	Lynn Prentice (sectary)
x	Kirsteen Boyd (KB)	√	Gordon Muir (GM)	√	Lisa McAllister (LMcA)	√	Colin Shearer (CS)
	Kyrstie	√	Edward Ford (EF)		Cllr Jonh Jo Leckie (JL)		Nicola Stirling (NS)
√	Cllr Margaret Hughes (MH)	A	Cllr Martin McCulloch (MMcC)		Tori Frew (TF)		Myren Mac Phee (MMcP)

	ITEM	Paper
1.	Welcome; Apologies Minutes proposed – Lisa McAlister; Seconded – Gordon Muir (GM)	
2.	Head Teacher Update Staffing – Graeme Russell DHT – upper school PEF DT – vacancy Only 2 DT in school at present HT interviews for acting post 12/11/2024 Management review pending Office AH reduced to 0.6WTE, 0.2WTE currently advertised Roll – 566 – increase in exclusions due to behavior predominantly S1 – S2 3 swimmers Dancers @ Larbert lead by senior pupils – 3 rd place 3 rd year boxer – champion boxer Football / netball in NLC league Feature Friday Basketball NLC league Attainment review-	



	<p>School priorities 2024/25</p> <ol style="list-style-type: none"> 1. Reduce pupil absence 2. Improve teaching & learning 3. Improve attainment <p>Positives / challenges presented</p> <p>JB sharing other schools experiences</p>	
3.	<p>Study Skills – Miss N Stirling</p> <p>Study timetable Recommendation that Children make Be realistic Add commitments eg rugby Add relaxation time</p> <p>Timetable over and above homework Should not focus on the subject they like, spend time on subjects studying with Unique to each pupil Some subject requires more studying Different timetable for study leave, factor in when exams fall</p> <p>Revision tips</p> <p>Phone away - ? teams / digital tools Take short breaks A quiet space, away for distraction Be organized and have resources ready Stick to it / don't give up</p> <p>Pomofocus – app to set timer Study 25 – 40 minutes then take a break Retrieval practice better than studying Self testing is crucial Other techniques available</p> <p>Studying is more than reading over notes Summarizing = less information to remember</p>	



<p>Reading a text, identify relevant forms Flip and fold Key words / images / mini mind map/ detailed notes – self test from images / key words</p> <p>Flashcards Make their own at the end of each Factual one side / key word on other Keep it simple www.quizlet.com – sign up free. make own / use set ones www.wordwall.com – retrieval practice to test www.kahoot.com – create own quiz to test www.study.smarter.com</p> <p>Blurting – 5-10minute timer – write down notes – check what missed</p> <p>Mind maps Helps to link ideas together – useful for visual learners Digital templates www.canva.com – education infographic</p> <p>Mnemonics / Acronyms</p> <p>Auditory learning Create voice notes and listen back</p> <p>Subject specific</p> <p>Gizmo – languages Study guides, revision notes, past papers Higher biology – youTube – watch video /take notes – search on subject using</p> <p>SQA website Download pass papers – use marking guide – submit to teacher for review Course reports</p> <p>Useful website</p> <p>Achieve</p>	
--	--



	<p>BBC bitesize Scholar Jabchem – good for sciences</p> <p>Post-it notes / posters – around the house Revise at a desk or table – move location Have downtime / manage stress - exercise</p> <p>Prep for exams Little / often Start studying ASAP Eat before exam – breakfast Good nights sleep – no late nights... Growth mindset – encourage and motivate – push hard work and resilience</p> <p>Excellent presentations on study skills by Tori Frew and Myren MacPhee</p> <p>Pupil support</p> <p>Fleming nlstirling@northlan.org.uk</p> <p>Lochhead nlduddyr@northlan.org.uk nlleitchs@northlan.org.uk</p> <p>Burns nlpheec@northlan.org.uk</p> <p>Wallace nlduddyr@northlan.org.uk nlwardr@northlan.org.uk</p>	
4.	Planning for cluster meeting – Feb 2025 MVP – Graeme Russell / Senior pupils	
5.	Plan for the following year	



	Feb PC – Cluster – Graeme Russell - MVP Mar PC – FESA + Rachel Duddy	
6.	AOCB	
7.	Date of next meeting: 5 th December 2024 (AGM)	