

The Benefits of our School Uniform

Sense of pride in our school

A uniform is central to Calderhead High School, building a sense of community among students, staff and parents as well as the local community. We find that students are proud to represent their school in public through their School Uniform. Pupils see wearing a blazer with the school badge as a way to improve their school's reputation both in Shotts and beyond.

Improves behaviour

When children wear a uniform, as well as gaining a sense of pride, it also improves positive behaviour and concentration.

Wearing a uniform sets a boundary by placing a pupil in a 'working environment' mindset and helps them separate their home and school life. School uniform places children on a level playing field, reducing the pressure to wear the latest fashionable brands.

We have found that non-uniform days may be exciting, however, the feedback from pupils is that they saw them as 'non-work' days, and teachers reported a drop in behaviour standards as a result.

Wellbeing

School uniform plays a key role in promoting pride, self-confidence, and a feeling of belonging within the student body. These factors contribute to students' wellbeing, removing the additional pressures of deciding what to wear and added stress of meeting the expectations of their peers. Uniform removes the points of difference between students, thus unifying the student body and providing a greater focus on academic work. House T Shirts for PE are another way of developing a sense of community and belonging to our School House groups.

Sustainable option

With climate change, sustainability and fast fashion taking centre stage in the media, it is important that we as a school consider long lasting clothing options. The removal of a school specific uniform would likely lead to an increase in parents purchasing garments which will need to be replaced more frequently. Good quality school uniform is designed to stand the test of time – as well as the daily trials of playground activities – and therefore provide better value for money.

Great value for parents

We have kept the cost of our uniform as low as possible. For example free delivery of Blazers to the school, Blazer fitting sessions in the school, school ties are provided in P7 by Parent Councils, white shirts/blouses can be purchased at supermarkets, stores or online similarly for black trousers and skirts. Blazers last at least one year, often two, minimising the need to keep buying new items. Assistance is there for those families who may struggle, with many retailers offering discounts and promotions as well as pay monthly schemes which allow parents to spread the costs over an extended time frame.

School uniform creates a sense of community and equality in our school environment, placing children on a level playing field and developing a sense of pride. By investing in quality uniform made from durable recycled fabric parents can choose a more sustainable option that delivers great value over the course of a pupil's school life.

Reduce, Recycle Reuse

For the cost of a charitable donation to St Andrew's Hospice we also have a range of pre-owned Blazers and uniform items that parents can take advantage of. We are also grateful for any pre loved clothing that we can recycle.

Safety

As a school community we are all much safer if pupils wear school uniform, we are able to quickly identify anyone who is not part of our community. Pupils in a Blazer shirt and tie are much less likely to truant school as they are easily identified.

Suppliers

<https://www.border-embroideries.co.uk/search/calderhead>

<https://www.stevensons.co.uk/products/calderhead-high-shotts?yg=1355>