$$f(x) = a \sin x + b \cos x$$

compare to required trigonometric identities

$$f(x) = k \sin(x + \beta)$$

= $k \sin x \cos \beta + k \cos x \sin \beta$

Process example

Compare coefficients

$$a = k \cos \beta$$

$$b = k \sin \beta$$

Square and add then square root gives

$$k = \sqrt{a^2 + b^2}$$

Divide and inverse tan gives

$$\beta = \tan^{-1} \frac{b}{a}$$

a and b values decide which quadrant

Wave Function .

transforms f(x)= a sinx + b cosx

into the form $f(x) = k \sin(x \pm \beta)$

OR

$$f(x) = k\cos(x \pm \beta)$$

Write out required form

$$f(x) = k \sin(x \pm \beta)$$

Related topic Solving trig equations