

APPLICATION FORMS

We have gone digital! To apply online please visit our website:

blogs.glowscotland.org.uk/nl/braidhurstfootball

Applications close on **Friday 8th March 2024**

No applications will be considered after this date

CONTACT US

BRAIDHURST HIGH SCHOOL

Dalriada Crescent
Motherwell
ML1 3XF

01698 274999
www.braidhurst.org

"Supporting Aspirations, Achieving Excellence"



BRAIDHURST HIGH SCHOOL

SCHOOL OF FOOTBALL

AUGUST 2024 APPLICANTS



INTRODUCTION

Braidhurst High is a non-denominational comprehensive school. Our first group of School of Football pupils joined us in 2008. Since then, we have gathered vast experience in the running of the programme.

Pupils on the programme attend school full time whilst receiving one period of football coaching each day. As Head teacher, I have absolutely no doubt that the programme has helped raise pupil expectations and aspirations. Feedback from pupils, parents and staff has been extremely positive.

Mrs T McDermott
Headteacher

PROGRAMME INFORMATION

The NL School of Football programme is about more than just playing ability; it aims to create better citizens and develop social and academic abilities through the vehicle of football. As part of the programme, pupils follow an enhanced timetable including a period of football activity every day.

Football is used as a tool to motivate pupils, and enhance social skills, such as communication, listening and behaviour. Attendance and academic success of all our pupils on the programme is carefully monitored.

Players are involved in daily sessions for the first 3 years of their school life, so must display a reasonable technical standard to cope with the demand. However, their selection is also based on attendance, academic performance, effort, attitude and behaviour which are all important indicators in deciding whether or not they are appropriate for the programme.

Each coaching session has four main components which focus on the development of:

- Technical Skills (passing, shooting, control, finishing)
- Tactical Skills (defending, attacking, keeping possession)
- Physical Skills (stamina, speed, strength, agility)
- Mental Skills (mental strength, determination, resilience)
- Health and Wellbeing (nutrition, discrimination, personal responsibility)

SCHOOL INFORMATION

We are extremely proud of our National Sports Comprehensive Status, being one of the first in Scotland to achieve this accolade. We are also pleased to have become a magnet school for talented footballers through our NL School of Football. From August 2012 the school has been home to one of the Scottish FA Performance School Programmes and from 2016 the home of a dedicated Girls only School of Football. The school has a well-deserved reputation, with an outstanding climate for learning, enjoyed by all our pupils. We have high standards and expectations for all in Braidhurst where everyone is given support to reach their potential. The quality of educational provision has been further recognised by our Scottish FA Quality Mark Award.

Our lead officer for the School of Football programme is Mr Scott Currie (NL Sports Development) and our coaches are Mr Jack Leitch and Mr Thomas Graham. All our coaches hold Advanced Children's Licenses & SFA Youth Coaching Awards. Jack is an academy coach for Heart of Midlothian FC and plays SPFL football. Thomas is an academy coach for Motherwell FC.

